NAFL
TERM 1 NEWSLETTER
2022-2023

GRADE 8

Together, Stronger

From the Principal's Desk

Dear Parents

We are back in school! We love having our children with us!

Balancing life in a VUCA world has made us more agile, flexible, understanding, and empathetic. A divergence in how our children learn and respond after two years apart has had us redouble effort, the NAFL way, to hold everyone steady and keep the work going. And in the three months of school, we see heartening growth and healing.*

We know the togetherness theme for this school year works. Kind and generous NAFL parents are joining hands to educate the community, work with the authorities and make the space outside school a safer, cleaner, and less congested place for all. The hand of friendship is heartwarming. Good cheer, faith and confidence gather strength. Kudos to an effort that shouts out, "Team NAFL, Stronger, Together!" May the school year go brightly!

Warmest regards

Indira Jayakrishnan

Principal

VUCA…Volatile, Uncertain, Complex, Ambiguous*

Teacher Speak

Getting back to school...

Better students and teacher interactions. Much better debates and discussions!
Ms. Meenakshi N.

Finally, I can gauge students and catch the class pulse! Finally, I am back with colleagues!
Ms. Swathi B.

Back to face-to-face lesson delivery! Back to instant student feedback!
Ms. Piyali B.

My heart lies where offline school is!
Ms. Archana S.

The teacher-student rapport has never been stronger! Cheers to offline interactions!
Ms. Anjali R.

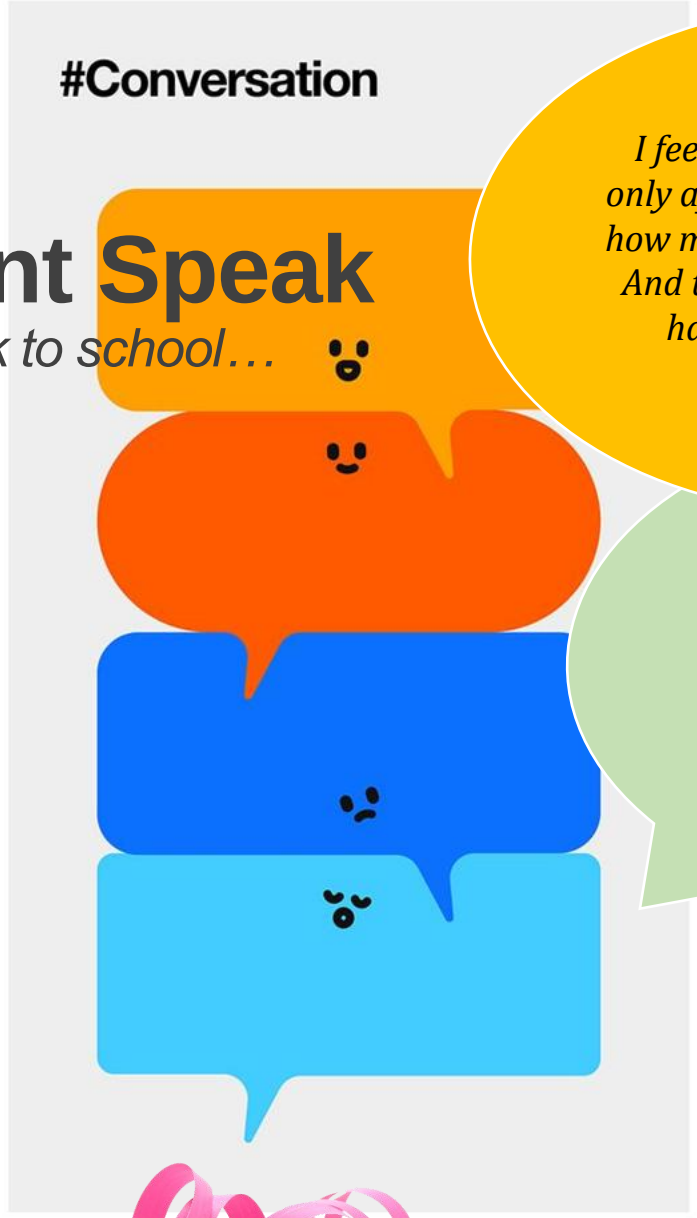
Witnessing emotions and expressions in the physical classroom once again! Can't ask for more!
Ms. Supriya S.

Back to the arena! No posting, no liking...only living!
Ms. Vaishnavi

Active learning has returned. I'm so glad we are back in school!
Ms. Raina S.

Student Speak

Getting back to school…



I feel excited and happy! It's only after coming back I realise how much I had missed school... And thanks to offline school, I have shed some weight!
Lakshya S., 6C

I feel like my life is coming back to what it used to be!
Aditya Narain Mathur, 8A

I love offline school. Meeting my friends is something I took for granted but now, never!
Dhruvin V, 7A

It is great to be back! I get to meet my friends every day. It is a lot easier to focus! We get to do so many activities we could not do online!
Rohan Neer Gupta, 8A

I feel great! I really missed all my friends! Online school was very boring!
Shishir Vasista, 8B

Coming to school after two whole years feels so nice! I love meeting all my friends in person. I can focus better in class!
Deivva Gadiya, 8A

I had missed talking to my friends, playing during PE, arguing and having lunch together!
Sai Dheeraj, 8A

I feel like I can't contain my happiness! After being home-bound for 2 years, it's AMAZING to be back!
Madhavi Arjun, 6C

Events @ NAFL

June 1, 2022 - Welcome Assembly

Grade 12 kick-started the first day of offline school with a very special welcome assembly, 'NAFL REDISCOVERED'. Welcoming all the new joinees of the NAFL family, the school ground came alive with music, dance, and joi de vivre! Later in the day, the newbies raced about the school campus with a cleverly planned game of Treasure Hunt that familiarised them with places around school!

World Environment Day -The Right Pot Way

World Environment Day 2022 in June saw NAFLERS came together on a unique greening mission. Students from Early Years to Senior Secondary Years joined hands to plant saplings in eco-friendly recycled pots called RightPots. Young entrepreneur, Tia Shah (AL), promotes these planters that are designed and manufactured from recycled plastic and allow air pruning.

Yoga at NAFL

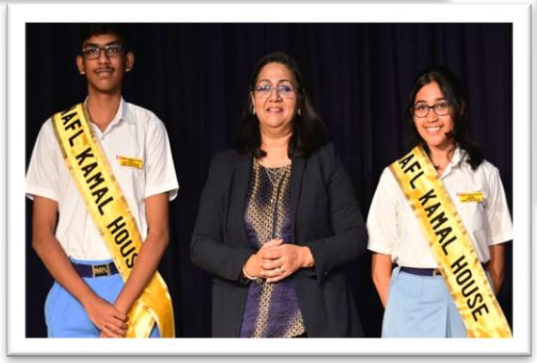
World Yoga Day was celebrated as a week-long event at NAFL with students across levels trained in the art of minding the Self. The practice of Yoga is part of the weekly calendar at school and students from Early Years to Senior Secondary Years are being trained in various breathing techniques and exercises that will help them keep inner and outward balance.

NAFL Annual Prize Day
Celebrating 2021-2022

Keeping health concerns in mind, our Annual Prize Day was a hybrid version, with a live webcast to parents from school. Dr. Bindu Hari, Vice Chairperson, commended the school for “the Constitution of Kindness that aimed to embed caring, kindness and kinship into the social fabric of the school”. The event concluded with a live Investiture Ceremony, where members of the Student Council took oath of office.

Investiture Ceremony- 2022-2023

NAFL Annual Prize Day



- **Head Girl**: Snigdha C Reddy
- **Head Boy**: Arnav Mayur
- **Sports Captains**: Sanchya Pratish & Nihal K.S.

- **NIHAL HOUSE**

  Captains: Kannika Shivapal & Shashank Danda

  Vice Captains: Karina T Bhaskar & Harshavardhan P.

- **VISHAL HOUSE**

  Captains: Palak Banthia & Aditya Vasisht

  Vice Captains: Anushka V & Vaishnav Das

- **KAMAL HOUSE**

  Captains: Shreya Rao & Sandeep Saravanakumar

  Vice Captains: Shaili Shah & Yuvraj Chopra

- **NAFL DIALECTIC**

  Suveena Suresh, Nihal Pinto, Megha B., & Mihika V. Nimbalkar

- **NAFL GREEN**

  Sristi Sridhara, Tiaa Shah

- **NAFL CHOIR**

  Shravya Shetty & Lathika Venkateshkumar

- **THE NAFLER**

  Shreya Shiju, Chetna Choudhary, Ananya Seth &

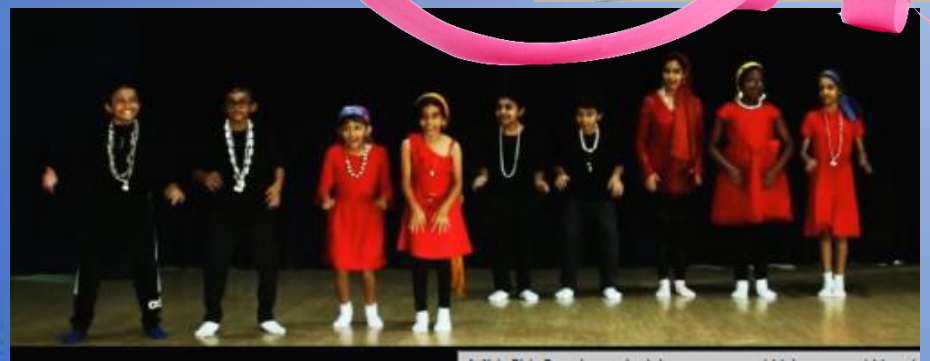
  Samarth Sri Hari Rao

- **NAFL ART & CULTURE**

  Varshini Raghavendran, Kriti Kanabar & Advaith Nagarahalli

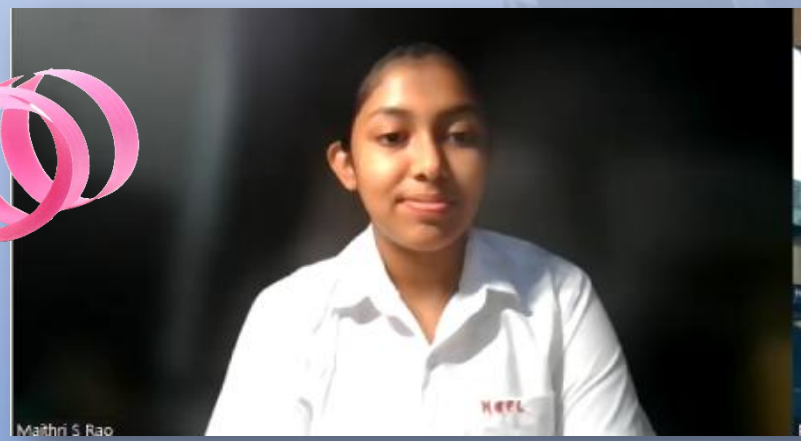
NAFL Bastille Day Celebrations

NAFL honoured the spirit of Bastille Day with *Fête de la Musique* on 14 July 2022 at a Special Assembly. The iconic event began in France in 1982, envisioned as music everywhere, for everyone, and free of cost. Our French Department and NAFLERS entertained the school with some foot tapping numbers in different genres, along with NAFL's Middle and Senior Choir, who enthralled the audience with melodious renditions, including the classic, Aux Champs Elysées. The rap, Égalité, composed by the Senior School Students stood out in the Audience choice!



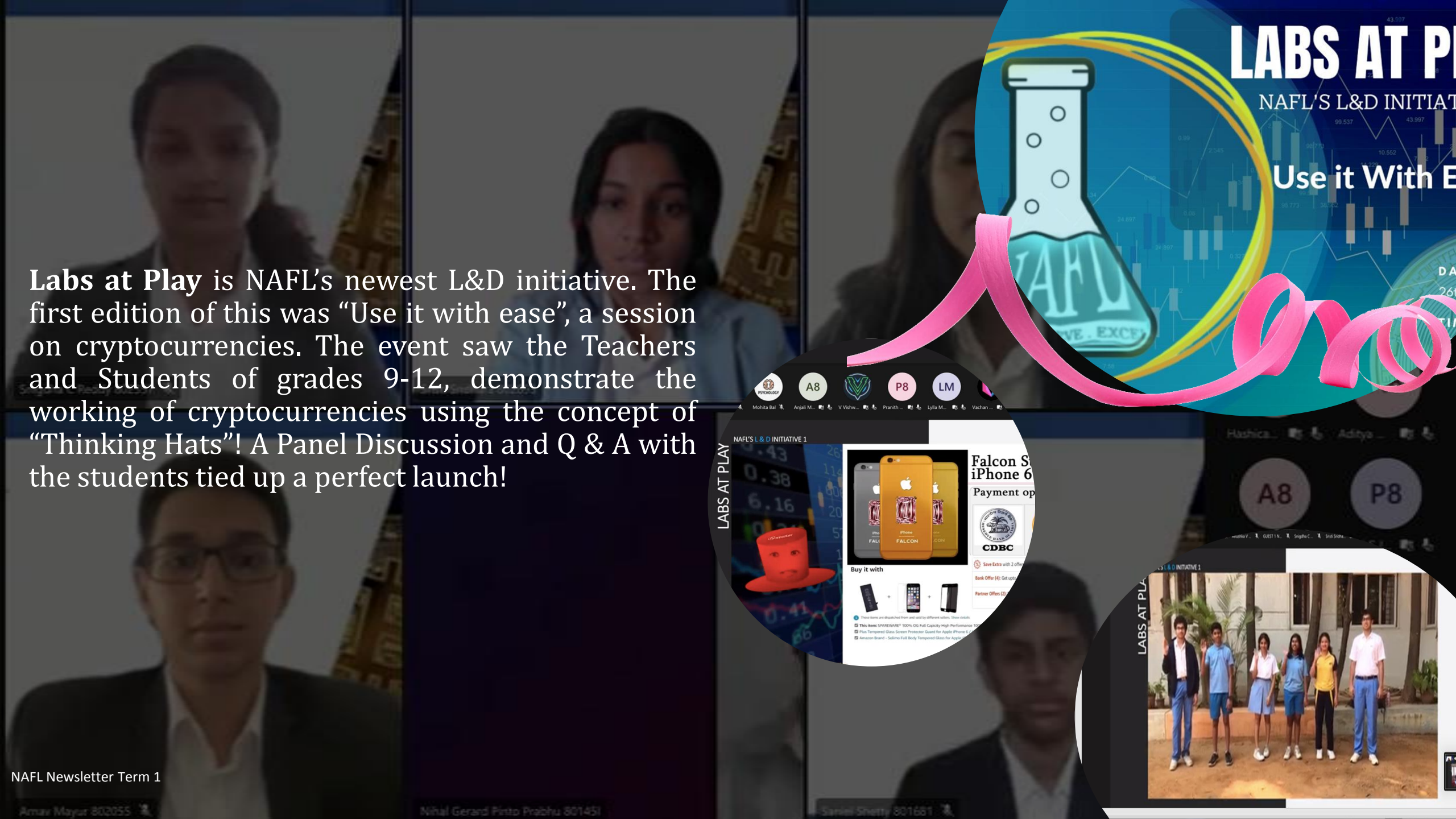
Invité d'honneur - Monsieur Pascal Gallet

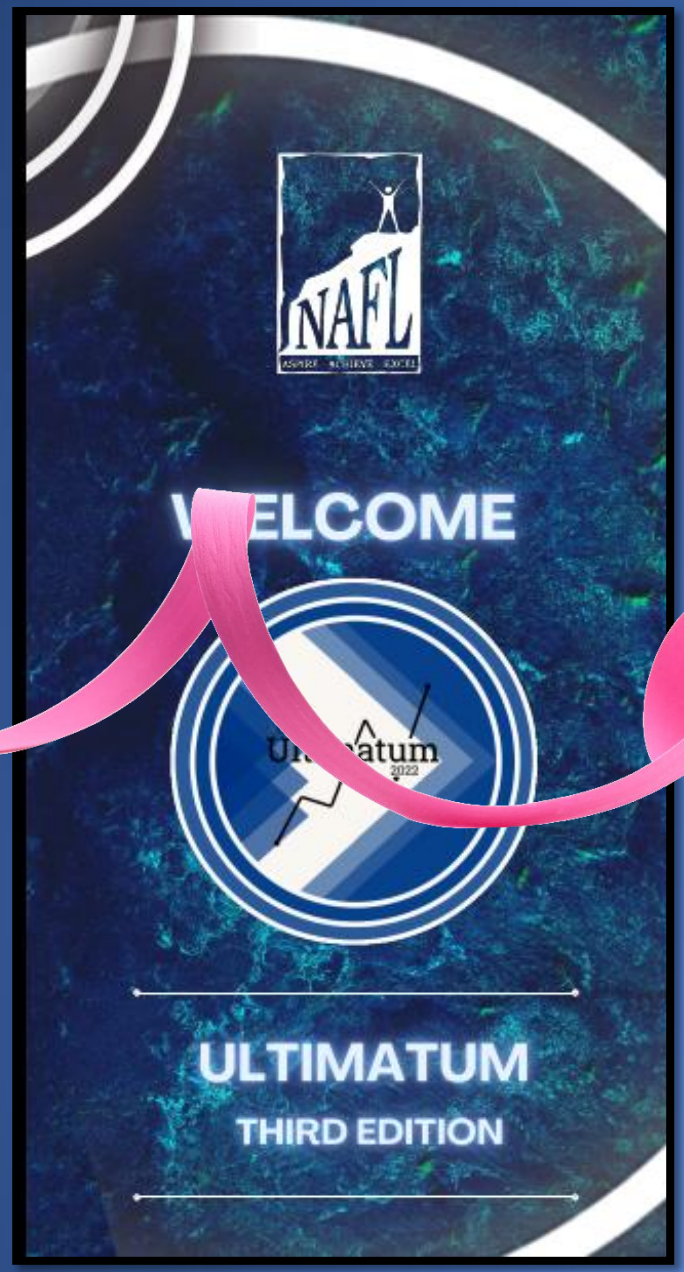
The highlight of the assembly was a live interview and soulful performance of Chopin's *Nocturne* by world-renowned classical pianist, Monsieur Pascal Gallet, from Chambery, France. The only pianist in the world to have recorded the entirety of André Jolivet's works. We were enchanted by his deep words of wisdom and friendship to the school. Most of all, we were deeply inspired by his immense dedication to his art!



Interviewer: ***What are the qualities of a good musician, Mr. Pascal?***
Mr. Pascal: ***Modesty, humility, passion and work, work, and WORK!***

Labs at Play is NAFL's newest L&D initiative. The first edition of this was "Use it with ease", a session on cryptocurrencies. The event saw the Teachers and Students of grades 9-12, demonstrate the working of cryptocurrencies using the concept of "Thinking Hats"! A Panel Discussion and Q & A with the students tied up a perfect launch!



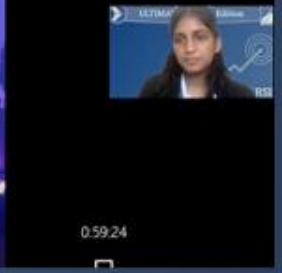


ULTIMATUM, Third Edition, NAFL's Senior School Commerce and Humanities fest returned with six extraordinary events that put the spotlight on real-world frontiers of investment, law, journalism, public relations, and even a cricket auction!

An entirely student-led effort, the events upped the ante even further and made for pure exhilaration and a super-charged atmosphere on 29th and 30th July 2022!

ULTIMATUM - Third Edition

The two-day online fest saw 20 schools participating from around Bengaluru, Mysore, Chennai and Hyderabad. The spirited involvement of NAFL alumni judges along with professional judges from around India, USA and Canada raised the event's scope. The Best School Award was bagged by National Public School, Koramangala!



JUNIOR NAFL DIALECTIC

The Second edition of **JUNIOR NAFL DIALECTIC** was conducted on **22nd July 2022.** Students from grades **6 to 8** enthusiastically participated in the events, showcasing their speaking and debating prowess. The participants left both the judges and the audience spellbound with their eloquence of words and perspectives in all the three events. Well done, NAFLERS!

#Conversation

"Where fine minds Meet fine ideas…"

ELOCUTION

JAM

TURNCOAT

JUNIOR NAFL DIALECTIC WINNERS

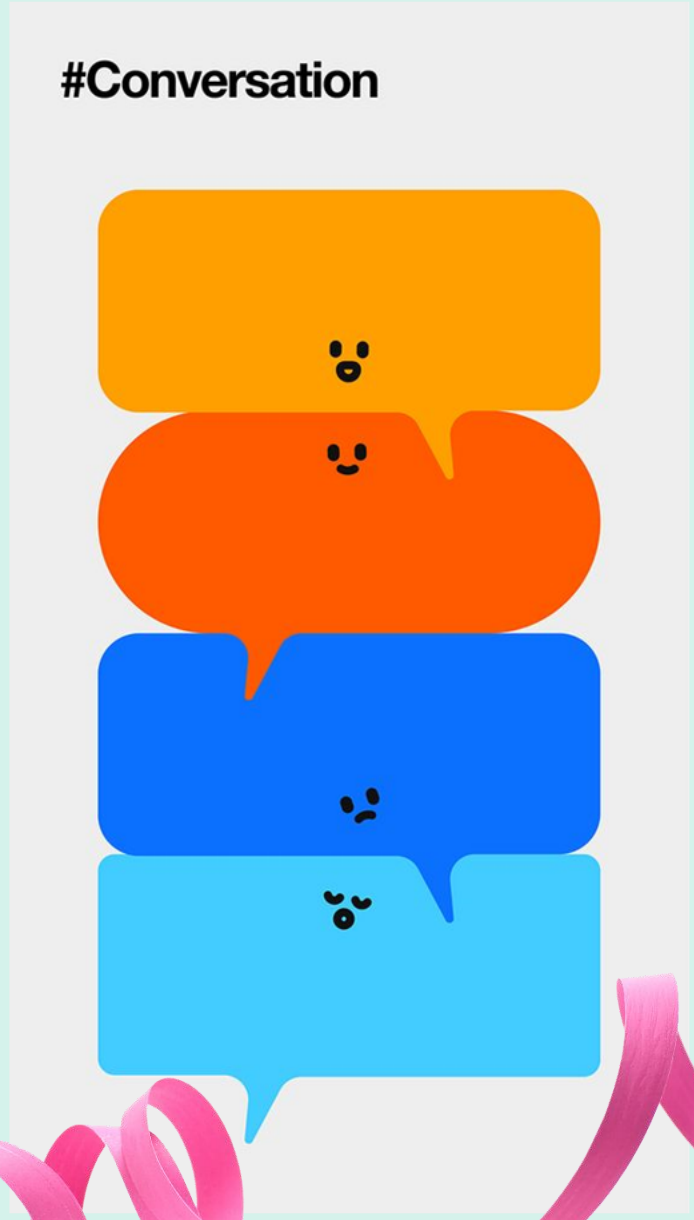
	Grade 6 Elocution	Grade 7 JAM	Grade 8 Turncoat
1st Prize	Arav Vinod	Akshara Yelundur & Vihaan Somasunder	Roshni A Gupta
2nd Prize	Madhavi Arjun	Gowri Umesh	Rohan A Gupta
3rd Prize	Kavin Vohra	Praarthi Kaul	Vivaan Tholasi

Independence Day Celebrations

Saare Jahaan Se Acchaa
Hindustan Hamaara!

Independence Day Special Assembly was held outdoors and steered by the PY team! It was a happy morning for all when pride in country and good citizenry were on display!

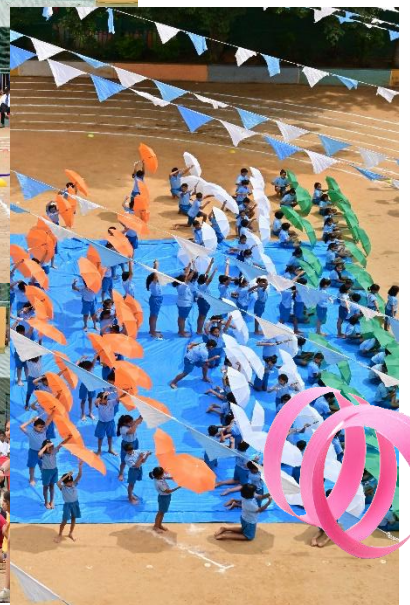
NAFLERS = WINNERS!



The Tug O’ War semi-finals was also conducted, and had the students roaring!

Annual Sports Meet 2022-2023

NAFL's Annual Sports Day was a sunny and happy day! A live sports event after a two-year hiatus lifted spirits and morale!



The school grounds reverberated with the spirit of competition, camaraderie and teamwork!

Nihal House won the Overall Trophy in the Annual Sports Meet 2022-23

Vishal House won the Games Trophy

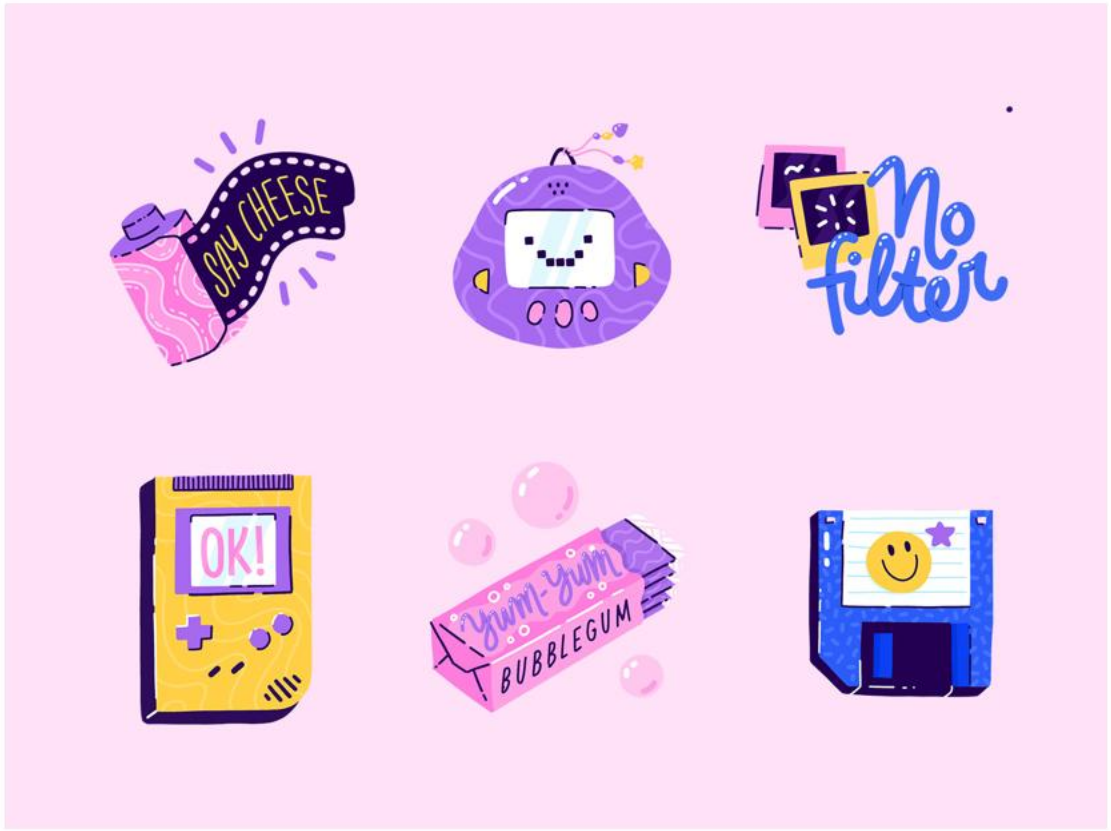
Kamal House won the Athletics Trophy

TEACHER'S DAY!
2022 - 2023

NAFLERS celebrated Teachers' Day with a special assembly on **1st September.** The stars of KG and Montessori welcomed the teachers with handmade heart souvenirs. Students of grades 10, 11 and 12 performed three pulsating dance numbers and lit up the grounds. The teachers then had a fun-filled morning of cricket, throw ball, lemon and spoon race and Tug O' War, followed by a recorded assembly that everyone enjoyed in their classrooms!

TEACHER'S DAY!

2022 - 2023



Experiential Learning @ NAFL

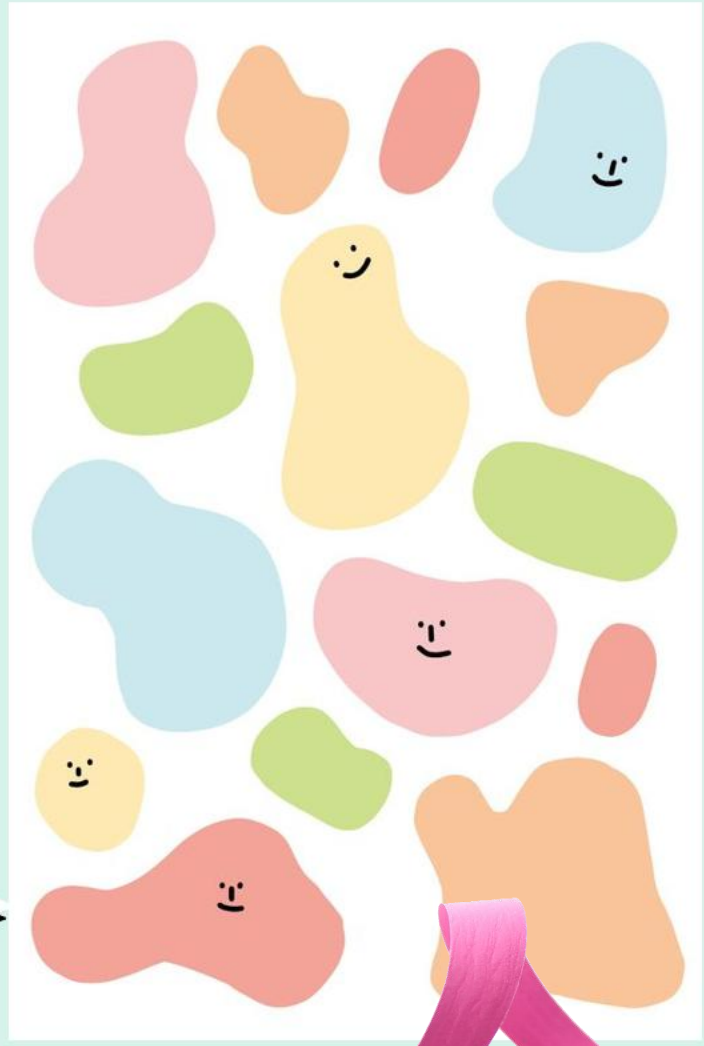
National Gallery of Modern Art

The Art students from Grades 9 to 12 visited NGMA on 17 June 2022, to enjoy a retrospective show on Upendra Maharathi's life and art. The experience of viewing his high impact work is best heard from the students themselves!

Student Responses

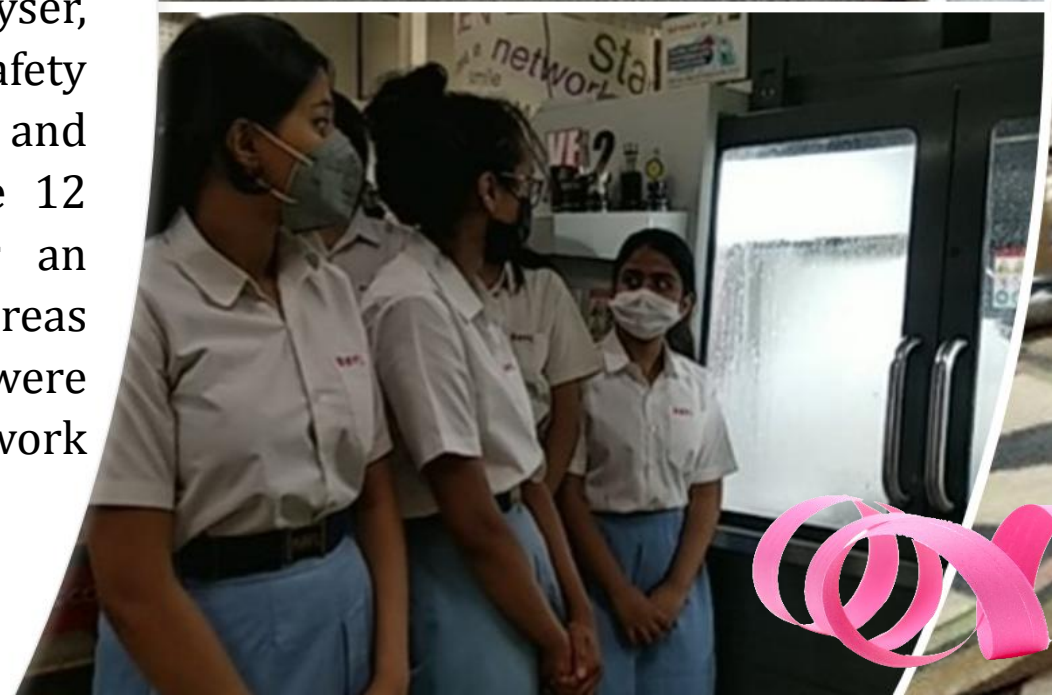
The variety of artwork represented different cultures, media and techniques was stunning. From the vibrant and intricate weave installation to the rough sketches of artists, one could deeply explore different types of art. I truly enjoyed the visit and hope to go to another gallery soon! ***Diya Choudhari 10 IGCSE Art***

Upendra Maharathi's work was other worldly! It was clear that he drew inspiration from the lives of the Mahatma and the Buddha who seemed the be the favourite subject matter of his art. In his nature paintings, he personifies nature in a way I have never seen before. The most remarkable work was a linoleum print of Rabindranath Tagore. I liked it because I had done something similar for my art portfolio. The gallery visit was a truly unique experience! ***Dhruva Rau, 10 IGCSE Art***



Bio-Nest

Bio-NEST at IKP EDEN in Koramangala is a wet-laboratory with state-of-the-art equipment such as biochemistry analyser, thermal cycler, Class II Biosafety cabinets along with cell culture and tissue engineering. Our grade 12 students visited the lab for an exposure to the various areas of stem cell research and were captivated by the inspired work going on at the lab!

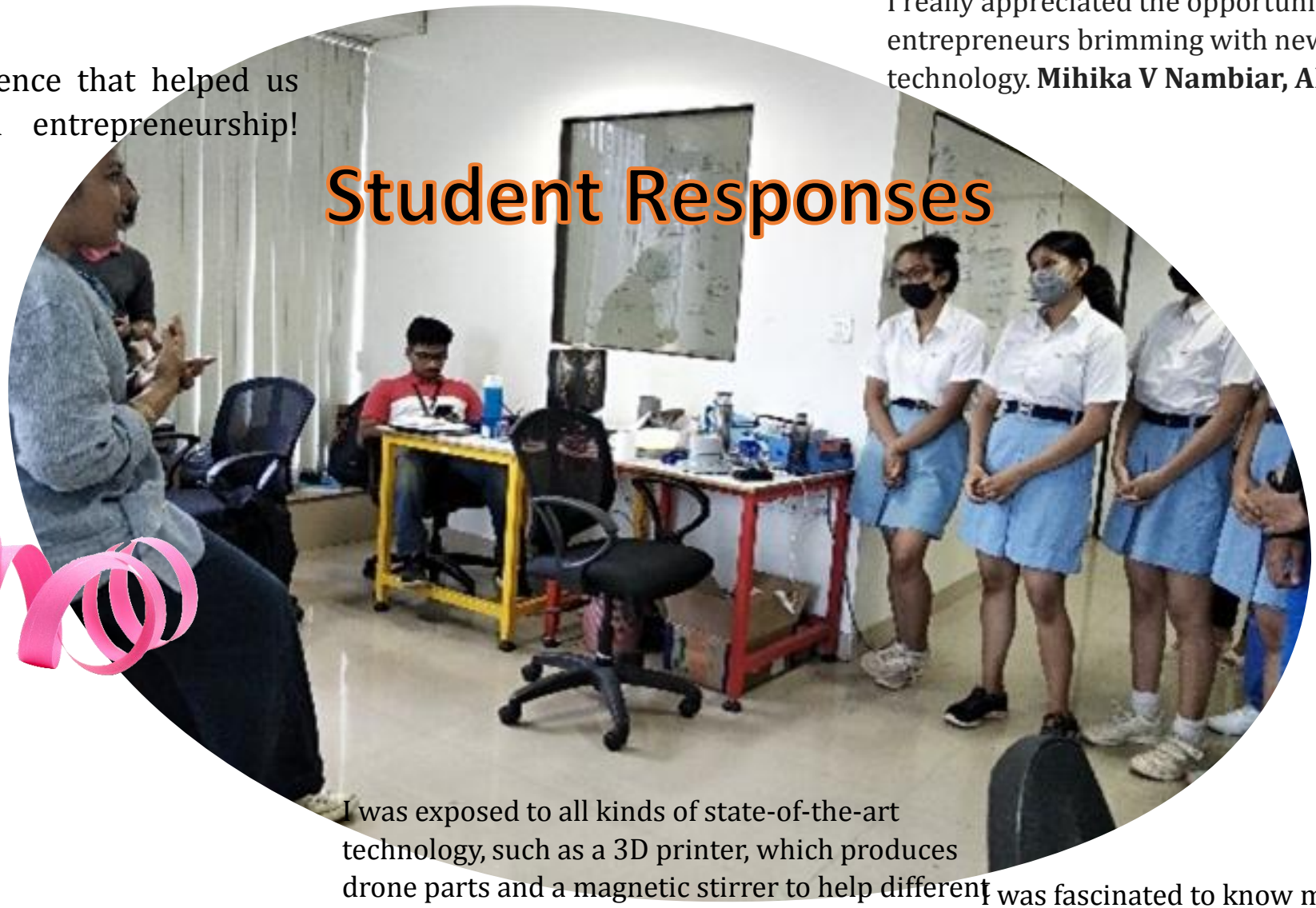


Student Responses

Bio-Nest

It was an unforgettable experience that helped us understand microbiology and entrepreneurship! **Anvitha Ramachandra, 12 ISC**

I really appreciated the opportunity to meet entrepreneurs brimming with new ideas and technology. **Mihika V Nambiar, AL**



I was exposed to all kinds of state-of-the-art technology, such as a 3D printer, which produces drone parts and a magnetic stirrer to help different chemicals. It was good! **Shreya Shiju, AL**

As future Biology scientist, I especially enjoyed the working room, where I saw how engineering plays an integral part in creating medical solutions. **Karina Bhaskar, AL**

I was fascinated to know more about metastatic cancer cells and the drugs that treat them. It was exciting to link the concepts learnt in the classroom and the research in the real world. **Shreya Rao, AL**

TERM 1 University Fairs

Grade 11 & 12 had a series of training in filling the Common App, writing SOPs, the process of college admissions, etc., with visits from top universities in India, U.S.A, U.K., Canada & New Zealand. The Campus Talks helped our students widen their knowledge and awareness of college courses and financial support.

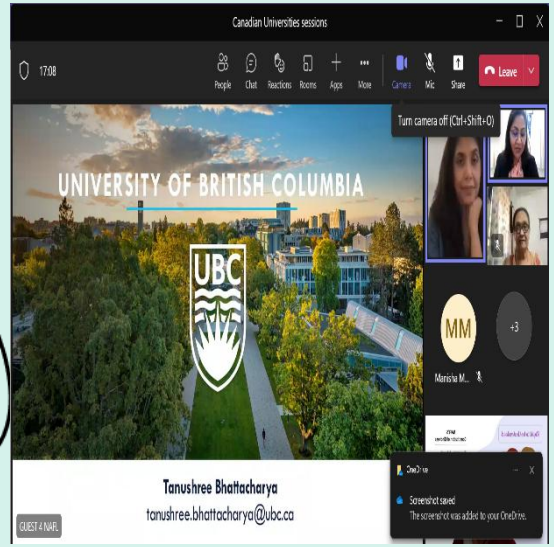
Ashoka University

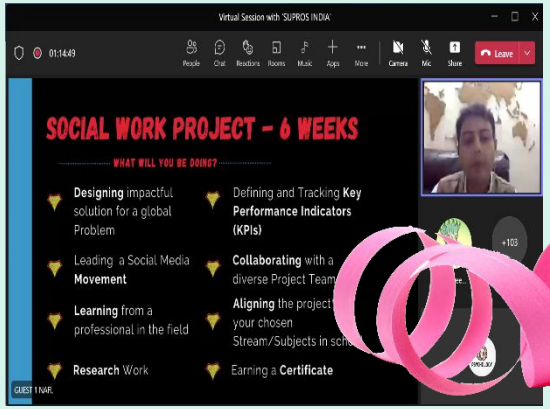
Aziz Premji University

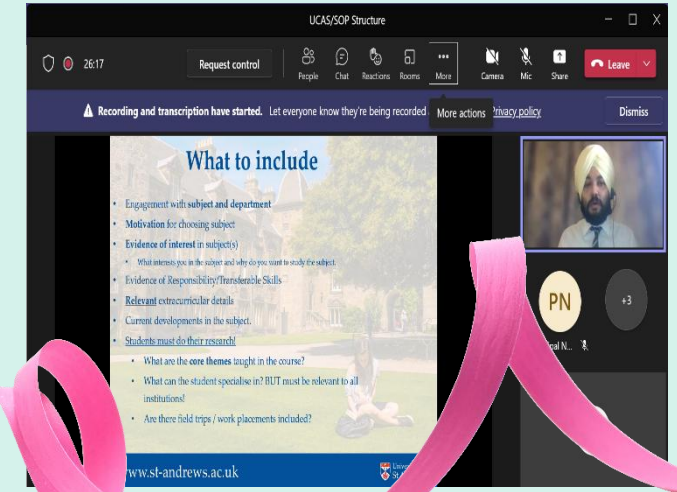
Flame University

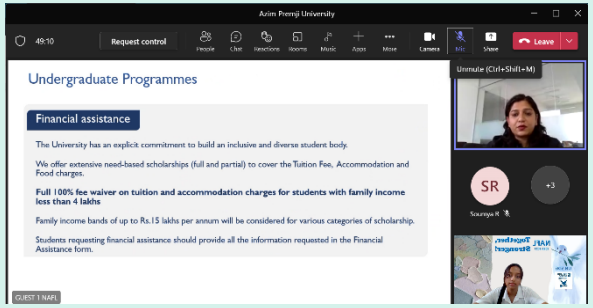
Supros India

O.P. Jindal









Student Achievers

CONGRATULATIONS!

JIYA SHETTY (8B)

V VISHWA (10 ICSE)

SHRAVYA SHETTY (12 ISC B)

KISA UTSAV - 2022

Christ Academy hosted the **State Level Finals of KISA (Karnataka ICSE Schools Association) UTSAV-2022** on August 1, 2022. More than 120 schools participated in a range of competitions such as Creative Writing, Debate, Declamation, Painting and Quiz.

Jiya Shetty of 8 B won the First Place in the Sub-Junior Category of Creative Writing and will represent NAFL in the National Finals at Lucknow in September.

Shravya Shetty of 12 ISC B won the Third Place in Painting.

Vishwa V of 10 ICSE B qualified to the final round of Declamation.

Hearty Congratulations!

Jiya Shetty , 8B

- Qualified to take part in the 'Father George Hess Memorial National Literary Events' conducted by ASSIC and hosted by City Montessori School – Lucknow
- Scholastic Writers Academy publication: Jiya's story *"Ascent to the Stars"* was published in the book "A Spectrum Of Creative Hues" during summer of 2022.

Arjun Doss, 8A

- Arjun's English poem has been chosen as one of the 1,000 poems published in "2022 I am Texas Book". This was an attempt to publish the largest book in the world by kids, earning a GUINNESS WORLD RECORDS™ title.

Gauri Ural, 7C

- **Third Place** in the State Championship (under 13 age group) that took place in April representing Appaiah Basketball Club.

Bhuvas Sharma, 6A

- **Bronze Medal** in the 30 metre Archery Competition at the State Level Karnataka mini-Olympics.

We rocked at the Olympiads!

Aarav Arjun, 7A

- Awarded a Gold Medal and scholarship of 5000/- in the science stream of the Olympiad exams conducted by Cambridge University Press.

Science Olympiad Foundation -2021-2022 Results

Vishal Naveen, 9 ICSE B
- IEO-Zonal Distinction
- NCO-Zonal Distinction

Satvik Anand, Grade 8 (2021-22)
- IEO-Zonal Gold

Ananya Vinay, 10 ICSE A
- IEO-Zonal Distinction

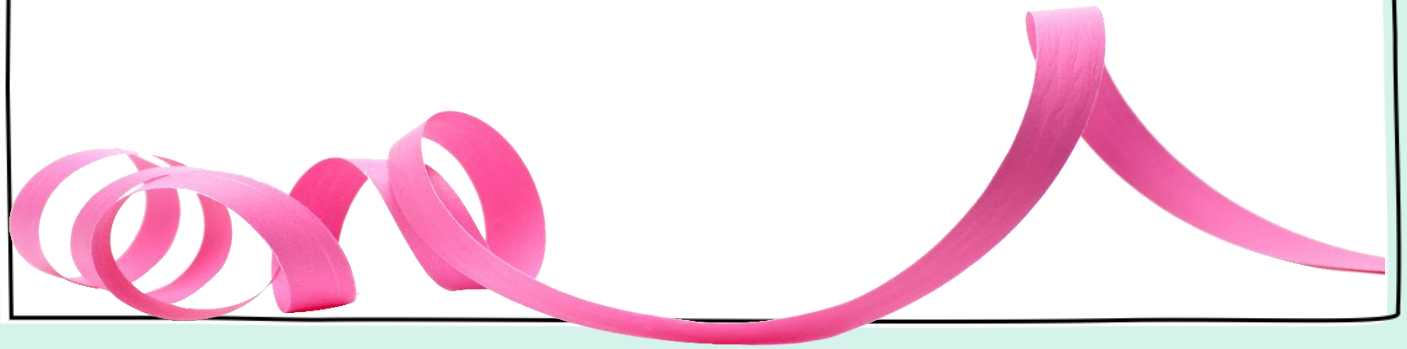
V Vishwa, 10 ICSE B
- IEO-Zonal Gold
- NSO-Zonal Distinction

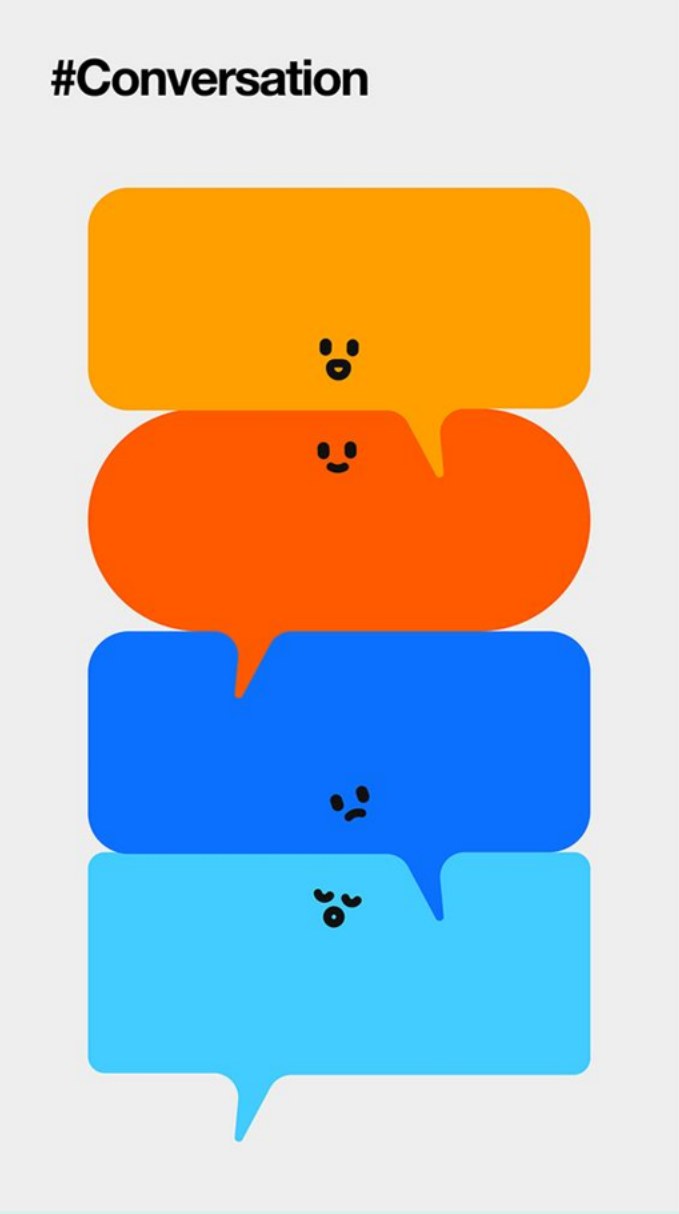
NAFL North Junior MUN 2022

Model United Nations, also known as Model UN or MUN, is an educational simulation in which students learn about diplomacy, international relations, and the United Nations.

The event was organised by NAFL North on 17th and 18th of August 2022. Students from grades 5-8 participated in this event. There were 6 committees, namely- IPC, UNSC, UNEP, SOCHUM, DISEC & MARVEL.

75 students from NAFL enthusiastically participated and bagged as many as 17 prizes!





NAFL North Junior MUN 2022

NAFL North Junior MUN 2022

PRIZE WINNERS

BEST DELEGATE AWARD

- DISEC- Prateek Kannan, 6C
- UNSC- Abhay Gogineni ,8B
- IPC- Dheetya Sasankota, 8A

OUTSTANDING DELEGATE

- UNSC- Rohan Neer Gupta, 8A
- UNEP- H V Tanav, 6C
- SOCHUM- Gowri Umesha, 7A
- IPC- Aditi Avadhani, 8A
- MARVEL- Rishith Praveen, 8C

BEST POSITION PAPER AWARD

- SOCHUM- Avni Prasad, 8C

NAFL North Junior MUN 2022 PRIZE WINNERS

HONORARY MENTION

- DISEC- Myraa Kanshal, 6A
- UNSC- Ved Siddhant Choudhary, 8C
  Roshni Aruna Gupta, 8B

  Ayush Raghavendra, 6A
- SOCHUM- Rishita Suresh, 8C
- IPC- Akshara A Yelundur, 7B

  Tanvi Sharma, 7C
- MARVEL- Vivaan Tholasi, 8C

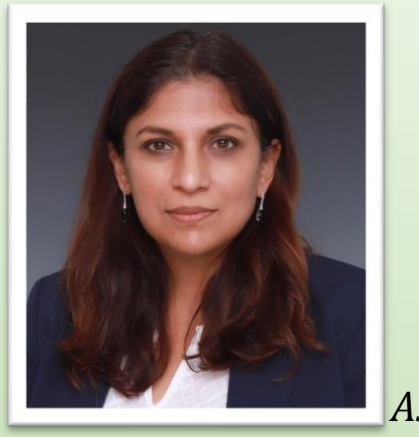
The Grade 8 Team

Swathi Belur

Grade Teacher 8A

Archna Sheikhar

Associate Teacher 8A



Shabina Hoskote

Grade Teacher 8B

Papia C

Associate Teacher 8B

Deepa S M

Grade Teacher 8C

Priya R

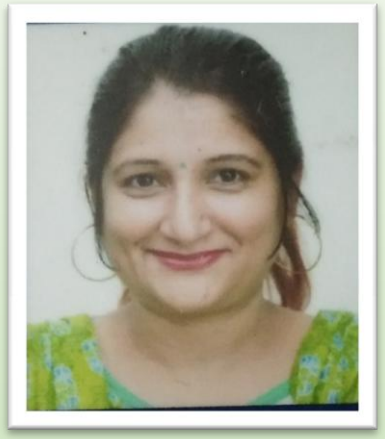
Associate Teacher 8C

The Grade 8 Team

Soumya R
English

Shabina Hoskote
English

Minu Sajji
English



Raina K S
Hindi

Archna Sheikar
Hindi

Priya R
French

Supriya Suresh
Mathematics

Sindhu Suresh
Mathematics

Swathi Belur
Chemistry

C Nandini
Chemistry

The Grade 8 Team

Vaishnavi Singh
Physics, STEM

Jomcy M P
Physics, STEM

Meeenakshi N
Physics, STEM

Lylla Murthy
Biology

Manisha M
Biology

Papia C
History & Civics

Deepa S M
History & Civics
Geography

Piyali Biswas
Geography

Sangeetha P
Computer Science, STEM

Mangala Dilip
Computer Science

The Grade 8 Team

Sanjana Mani
Hindi

Thanmayi Chandrappa
French

Livia Antony
French

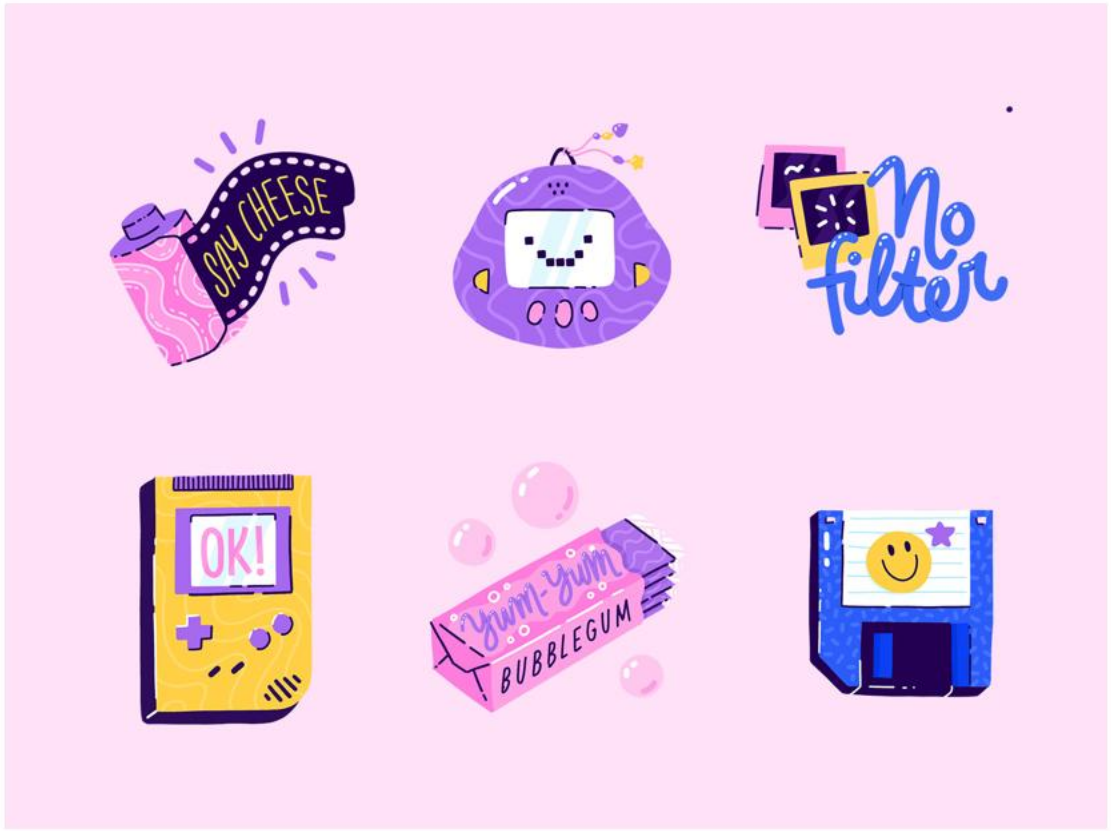
Vijay Kumar Anand
P.E

Devi Priya
Art

Srinidhi Sheshadri
Art

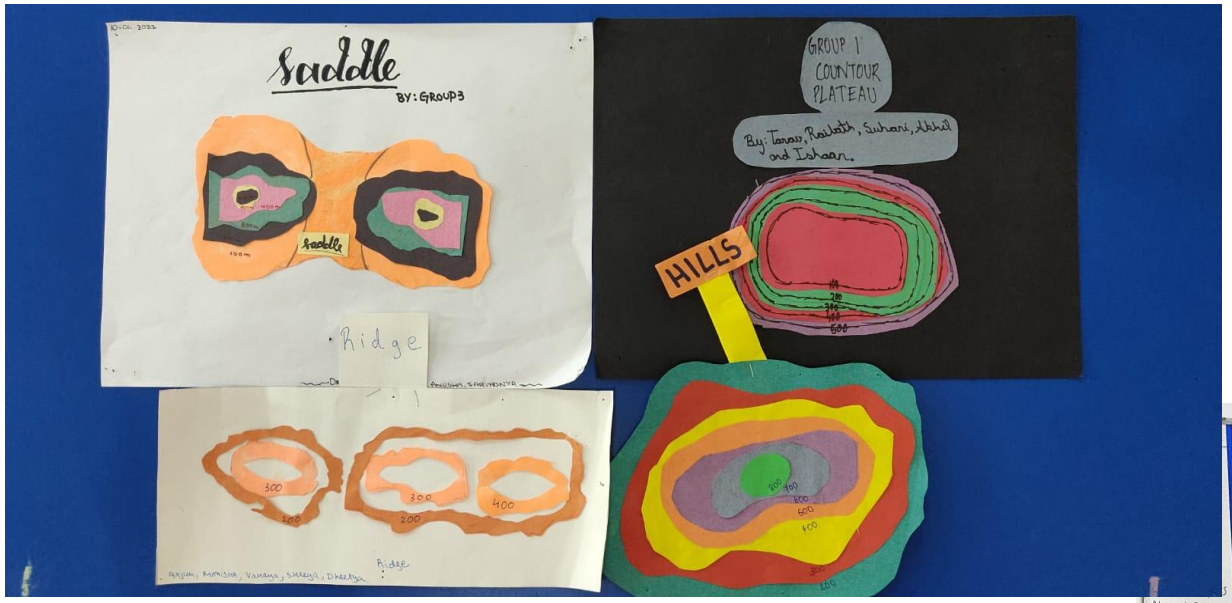
Shobhitha Shetty
Wellness Counsellor

Mamatha Harish
Yoga



Class Buzz

CLASS BUZZ!



Activity in Geography - hills, plateaus and saddles!
Scaling great peaks…

Grade 8 rocks!

Grade 8 enacting a chapter from a story by Hector Hugh Munro (Saki)!

CIRCLE TIME !

Class Assembly - Grade 8A

The Star Show Class Assembly showcased the inherent talent of NAFLERS, and Grade 8A too!

PRIZE WINNERS

Sports Day!
Prize Winners

100 M JUNIOR GIRLS
- Dheetya Sasankota (8A)-Third Place

200 M JUNIOR GIRLS
- Dheetya Sasankota (8A)-Second Place

LONG JUMP JUNIOR GIRLS
- Dheetya Sasankota (8A)-First Place

SHOTPUT JUNIOR GIRLS
- Meher Kaur (8B)-First Place
- Rishita Suresh (8C)-Third Place

100 M SENIOR GIRLS
- Isha Shetty (8B)-First Place

200 M SENIOR GIRLS
- Isha Shetty (8B)-First Place
- Roshni Aruna Gupta (8B)-Second Place

LONG JUMP SENIOR GIRLS
- Roshni Aruna Gupta (8B)-First Place
- Monisha S Setty (8A) -Second Place
- Nidhi Venkatesh (8B)-Third Place

SHOTPUT SENIOR GIRLS
- Isha Shetty (8B)-First Place
- Manasvini Mittal (8C)-Second Place
- Anusha Marcharaddi (8A)-Third Place

Sports Day!
Prize Winners

200 M JUNIOR BOYS
- Thejo Tanav (8C)-First Place
- Shlok Bhutada (8B)-Third Place

LONG JUMP JUNIOR BOYS
- Thejo Tanav (8C)-Third Place

SHOTPUT JUNIOR BOYS
- Shlok Bhutada (8B)-Second Place

LONG JUMP SENIOR BOYS
- Vivaan Jain (8A) -First Place
- Vivaan Tholasi (8C)-Second Place
- Veer Jain (8C)-Third Place

100 M SENIOR BOYS
- Vivaan Tholasi (8C)-First Place
- Raghav Tarikere (8B)-Second Place
- Vivaan Jain (8A) -Third Place

200 M SENIORS BOYS
- Vivaan Tholasi (8C)-First Place
- Raghav Tarikere (8B)-Second place
- Rohan Neer Gupta (8A)-Third Place

SHOTPUT SENIOR BOYS
- Rishith Praveen (8C)-First Place
- Dhyan Shashi Shekar (8C)-Second Place
- Mukul Chakravarthy (8C)-Third Place

STUDENT ACHIEVEMENTS

Student Achievements!

Aditya Rajiv Ratnam (8C)

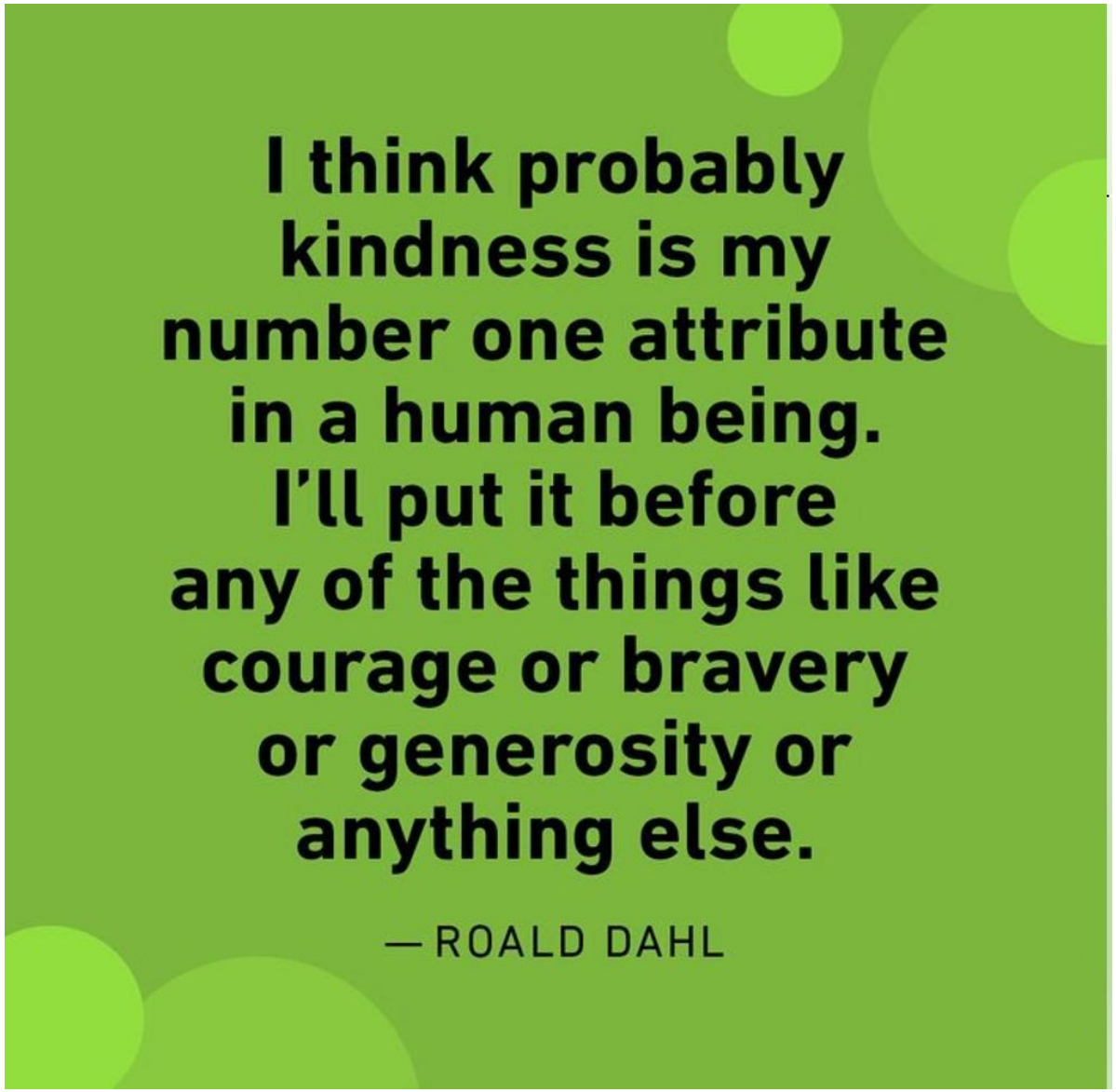
- Ranked 30th in the world and 14th for India in the Live Math Contest worldwide qualifiers among 5200 participants from 48 Countries
- Won the Qshala Long Visual Connect contest
- Attended and completed the ‘Out of the Box Thinking’ Mathematics course conducted by IIT Madras Pravartak

Manasvini Mittal (8C)

- Fielder of the Day' in the RTB (Raintree Boulevard) T20 challenge in cricket

Vivaan Tholasi (8C)

- Horse Riding:1st in EPL (Equestrian Premier League) - 1metre
- 1st in Dressage test AHT 2022



Together, Stronger!

Dussehra Holidays
24th September to 5th October 2022

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