NAFL
TERM 1 NEWSLETTER
2022-2023

GRADE 5

Together, Stronger

From the Principal's Desk

Dear Parents

We are back in school! We love having our children with us!

Balancing life in a VUCA world makes us more agile, flexible, understanding, and empathetic. A divergence in how our children learn and respond after two years apart has had us redouble effort, the NAFL way, to hold everyone steady and keep the work going. And in the three months of school, we see heartening growth and healing.*

We know the togetherness theme for this school year works. Kind and generous NAFL parents are joining hands to educate the community, work with the authorities and make the space outside school a safer, cleaner, and less congested place for all. The hand of friendship is heartwarming. Good cheer, faith and confidence gather strength. Kudos to an effort that shouts out, "Team NAFL, Stronger, Together!" May the school year go brightly!

Warmest regards
Indira Jayakrishnan
Principal

VUCA…Volatile, Uncertain, Complex, Ambiguous*

Teacher Speak

Getting back to school...

The energy in the corridors says it all...the way to aspire, achieve and excel is offline school!

Ms. Nirmala J.

Had forgotten how much more fun offline school is! It is so much better to see busy classrooms, curious libraries and joyous playgrounds! ☺

Ms. Meghana C.

At last, I can once again see, hear, and feel my students' interests and emotions in person and establish connections with them!

Ms. Usha P.

Offline classes brought us back together again and stronger. Talking to st udents and connecting wit h them physically was truly heartfelt!

Ms. Prashansa K.

Offline school is much more fun! We can truly sense each student's feelings and help them better...

Ms. Ranjitha B. N.

Offline class is so enjoyable and certainly more challenging! But it gives us such a sense of professional satisfaction!

Ms. Rupa S.

Good to be back! A totally satisfying experie nce like never before! A feeling that no technology can replace!

Ms. Vimmi P.

Delighted and sensational! I felt like I was missing a part of me and gained it back when I came to school!

We can spend time and play with our friends. We gain knowledge, eat together and have fun!

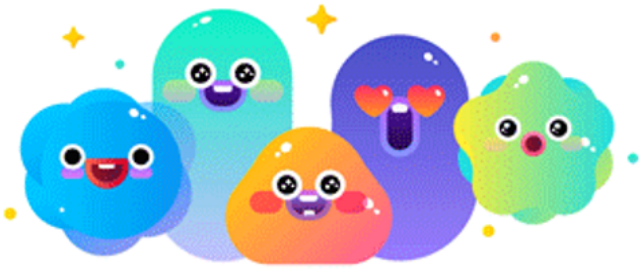
NAFL gives me positive vibes and makes me more creative!

Our teachers make NAFL special!

I can sit with my friends, and I can do activities and learn more than an online class!

Student Speak

Getting back to school…



Student Speak

Getting back to school…

I love coming back to school! I get to meet my friends, do group activities, study, get homework, and finish it! Ah! It feels like I am back to my routine in life!

We can see teachers face to face. Also, we can distribute chocolates for our birthdays!

Events @ NAFL

June 1, 2022 - Welcome Assembly

Grade 12 kick-started the first day of offline school with a very special welcome assembly, 'NAFL REDISCOVERED'. Welcoming all the new joinees of the NAFL family, the school ground came alive with music, dance, and joi de vivre! Later in the day, the newbies raced about the school campus with a cleverly planned game of Treasure Hunt that familiarised them with places around school!

World Environment Day -The Right Pot Way

World Environment Day 2022 in June saw NAFLERS came together on a unique greening mission. Students from Early Years to Senior Secondary Years joined hands to plant saplings in eco-friendly recycled pots called RightPots. Young entrepreneur, Tia Shah (AL), promotes these planters that are designed and manufactured from recycled plastic and allow air pruning.

Yoga at NAFL

World Yoga Day was celebrated as a week-long event at NAFL with students across levels trained in the art of minding the Self. The practice of Yoga is part of the weekly calendar at school and students from Early Years to Senior Secondary Years are being trained in various breathing techniques and exercises that will help them keep inner and outward balance.

NAFL Annual Prize Day
Celebrating 2021-2022

Keeping health concerns in mind, our Annual Prize Day was a hybrid version, with a live webcast to parents from school. Dr. Bindu Hari, Vice Chairperson, commended the school for "the Constitution of Kindness that aimed to embed caring, kindness and kinship into the social fabric of the school". The event concluded with a live Investiture Ceremony, where members of the Student Council took oath of office.

PRAKUL S NARASIPURA
(98.5%)

English	97
Mathematics	100
Physics	99
Chemistry	91
Computer Science	98

NAOMI RAJESH
(98.2%)

English	96
French	93
History & Civics	100
Geography	99
Mathematics	97
Physics	96
Chemistry	99
Biology	100
Art	100

NAFL Annual Prize Day
Investiture Ceremony - 2022-2023

- **Head Girl**: Snigdha C Reddy
- **Head Boy**: Arnav Mayur
- **Sports Captains**: Sanchya Pratish & Nihal K.S.

- **NIHAL HOUSE**
  Captains: Kannika Shivapal & Shashank Danda
  Vice Captains: Karina T Bhaskar & Harshavardhan P.

- **VISHAL HOUSE**
  Captains: Palak Banthia & Aditya Vasisht
  Vice Captains: Anushka V & Vaishnav Das

- **KAMAL HOUSE**
  Captains: Shreya Rao & Sandeep Saravanakumar
  Vice Captains: Shaili Shah & Yuvraj Chopra

- **NAFL DIALECTIC**
  Suveena Suresh, Nihal Pinto, Megha B., & Mihika V. Nimbalkar

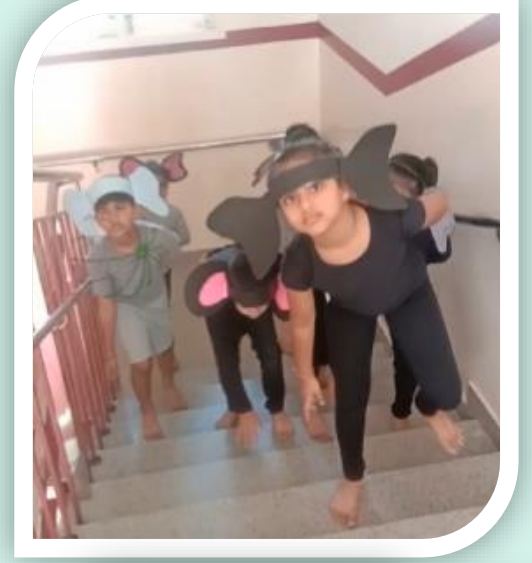
- **NAFL GREEN**
  Sristi Sridhara, Tiaa Shah

- **NAFL CHOIR**
  Shravya Shetty & Lathika Venkateshkumar

- **THE NAFLER**
  Shreya Shiju, Chetna Choudhary, Ananya Seth & Samarth Sri Hari Rao

- **NAFL ART & CULTURE**
  Varshini Raghavendran, Kriti Kanabar & Advaith Nagarahalli

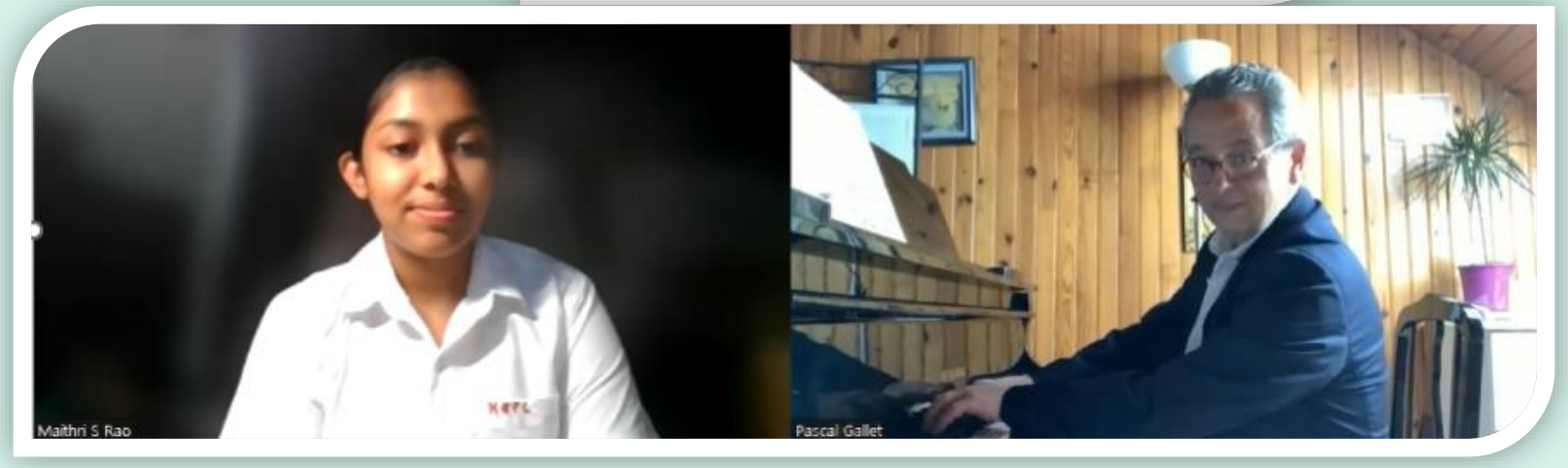
NAFL Bastille Day Celebrations



NAFL honoured the spirit of Bastille Day with *Fête de la Musique* on 14 July 2022 at a Special Assembly. The iconic event began in France in 1982, envisioned as music everywhere, for everyone, and free of cost. Our French Department and NAFLERS entertained the school with some foot tapping numbers in different genres, along with NAFL's Middle and Senior Choir, who enthralled the audience with melodious renditions, including the classic, Aux Champs Elysées. The rap, Égalité, composed by the Senior School Students stood out in the Audience choice!

Invité d'honneur - Monsieur Pascal Gallet

The highlight of the assembly was a live interview and soulful performance of Chopin's *Nocturne* by world-renowned classical pianist, Monsieur Pascal Gallet, from Chambery, France. The only pianist in the world to have recorded the entirety of André Jolivet's works. We were enchanted by his deep words of wisdom and friendship to the school. Most of all, we were deeply inspired by his immense dedication to his art!



Interviewer: ***What are the qualities of a good musician, Mr. Pascal?***
Mr. Pascal: ***Modesty, humility, passion and work, work, and WORK!***

Labs at Play is NAFL's newest L&D initiative. The first edition of this was "Use it with ease", a session on cryptocurrencies. The event saw the Teachers and Students of grades 9-12, demonstrate the working of cryptocurrencies using the concept of "Thinking Hats"! A Panel Discussion and Q & A with the students tied up a perfect launch!

ULTIMATUM, Third Edition, NAFL's Senior School Commerce and Humanities fest returned with six extraordinary events that put the spotlight on real-world frontiers of investment, law, journalism, public relations, and even a cricket auction!

An entirely student-led effort, the events upped the ante even further and made for pure exhilaration and a super-charged atmosphere on 29th and 30th July 2022!

ULTIMATUM - Third Edition

The two-day online fest saw 20 schools participating from around Bengaluru, Mysore, Chennai and Hyderabad. The spirited involvement of NAFL alumni judges along with professional judges from around India, USA and Canada raised the event's scope. The Best School Award was bagged by National Public School, Koramangala!

Saare Jahaan Se Acchaa Hindustan Hamaara!

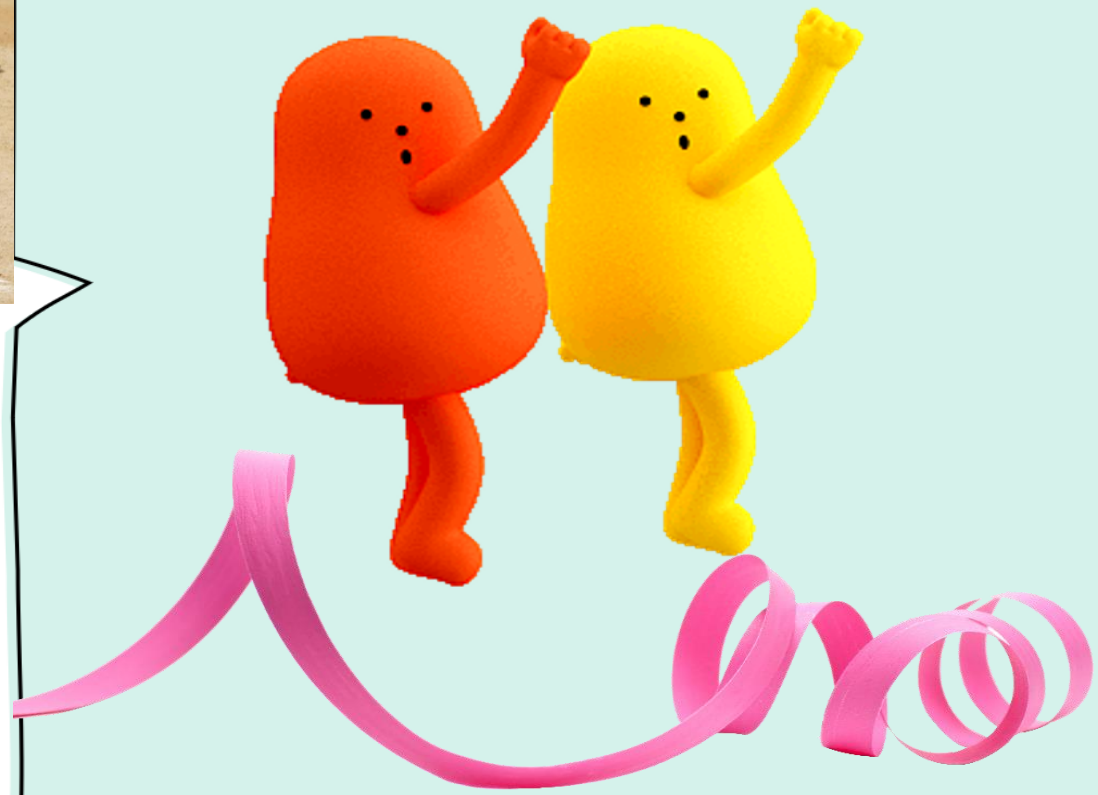
Independence Day Special Assembly was held outdoors and steered by the PY team! It was a happy morning for all when pride in country and good citizenry were on display!

Independence Day Special Assembly

NAFLERS = WINNERS!

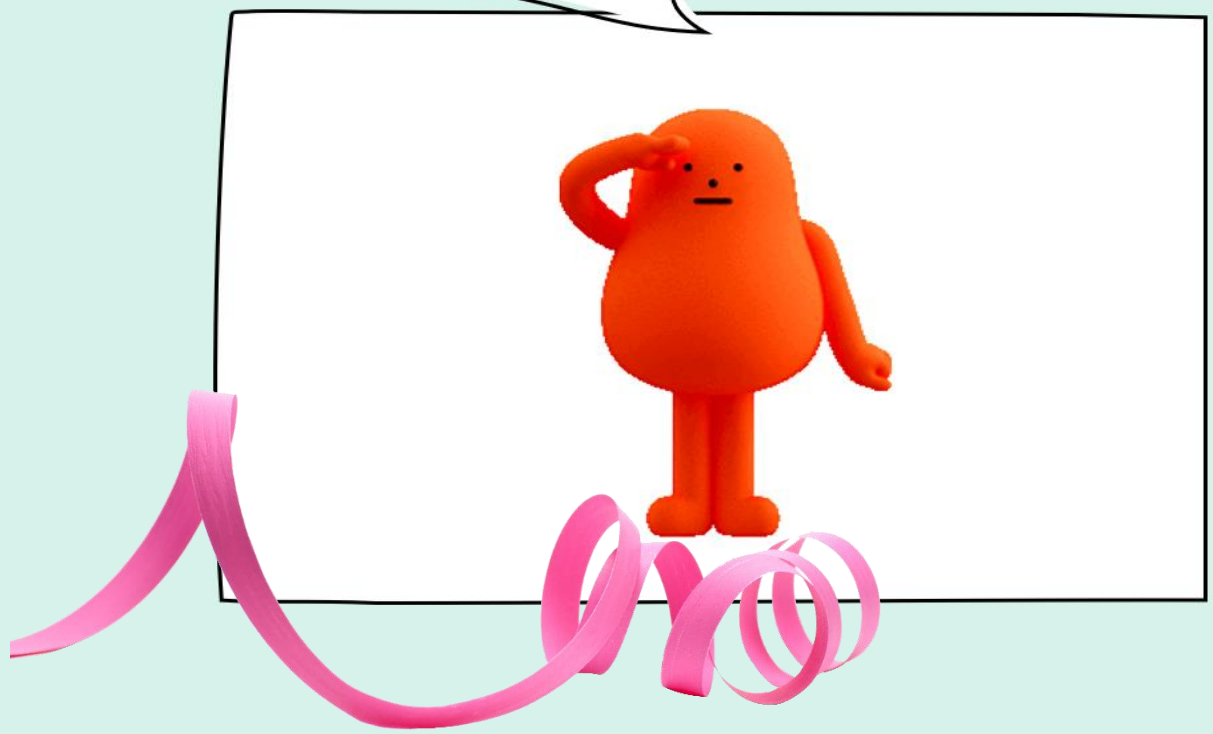
Independence Day Special Assembly

The Tug O’ War semi-finals was also conducted and had the students roaring!



Independence Day – PY Class Celebrations

"Freedom in mind, Faith in words, Pride in our souls!" The children enjoyed various activities, celebrating Tiranga.



Annual Sports Meet 2022-2023

NAFL's Annual Sports Day was a sunny and happy day! A live sports event after a two-year hiatus lifted spirits and morale!

The school grounds reverberated with the spirit of competition, camaraderie and teamwork!

Nihal House won the Overall Trophy at the Annual Sports Meet 2022-23

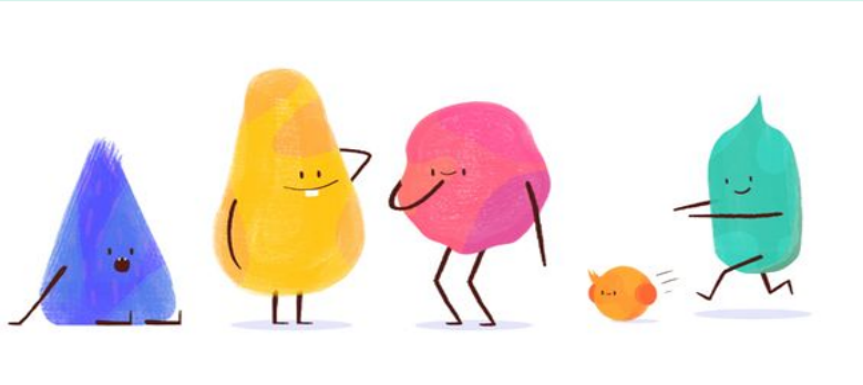
Vishal House won the Games Trophy

Kamal House won the Athletics Trophy

TEACHER'S DAY!
2022 - 2023

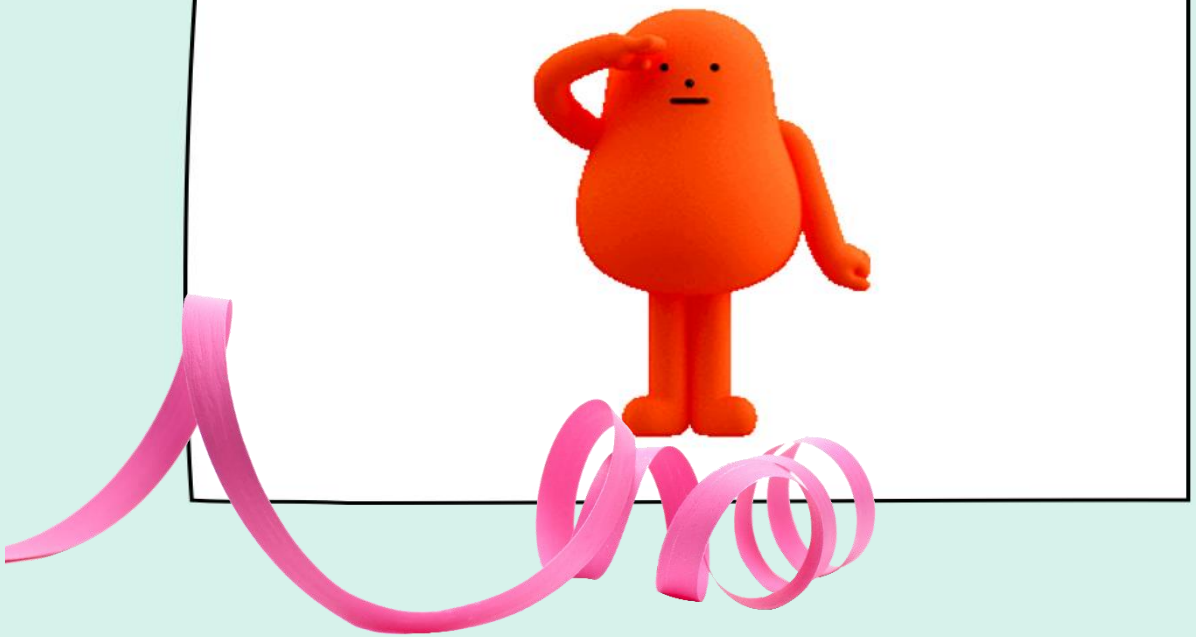
NAFLERS celebrated Teacher's Day with a special assembly on **1st September.** The stars of KG and Montessori welcomed the teachers with handmade heart souvenirs. Students of grades 10, 11 and 12 performed three pulsating dance numbers and lit up the grounds. The teachers then had a fun-filled morning of cricket, throw ball, lemon and spoon race and Tug O' War, followed by a recorded assembly that everyone enjoyed in their classrooms!

TEACHER'S DAY!
2022 - 2023



Student Achievers

Congratulations!



Rishikha Sandeep, 2A

- Preliminary level winner in the Quiz competition conducted by the Toffee Ride Learning App

Avyukt R, 2C

- Second place in KATA – Karate Competition
- Third Place in KUMITE in SKI AND NSKFI National Cup-2022

Angad Nipesh Mehta, 3C

- Second Place, Mental Math World Cup - Challenger Category

Aaryav Pagaria, 3B

- Second Place, Badmintion - Yonex Badminton, Rajajinagar

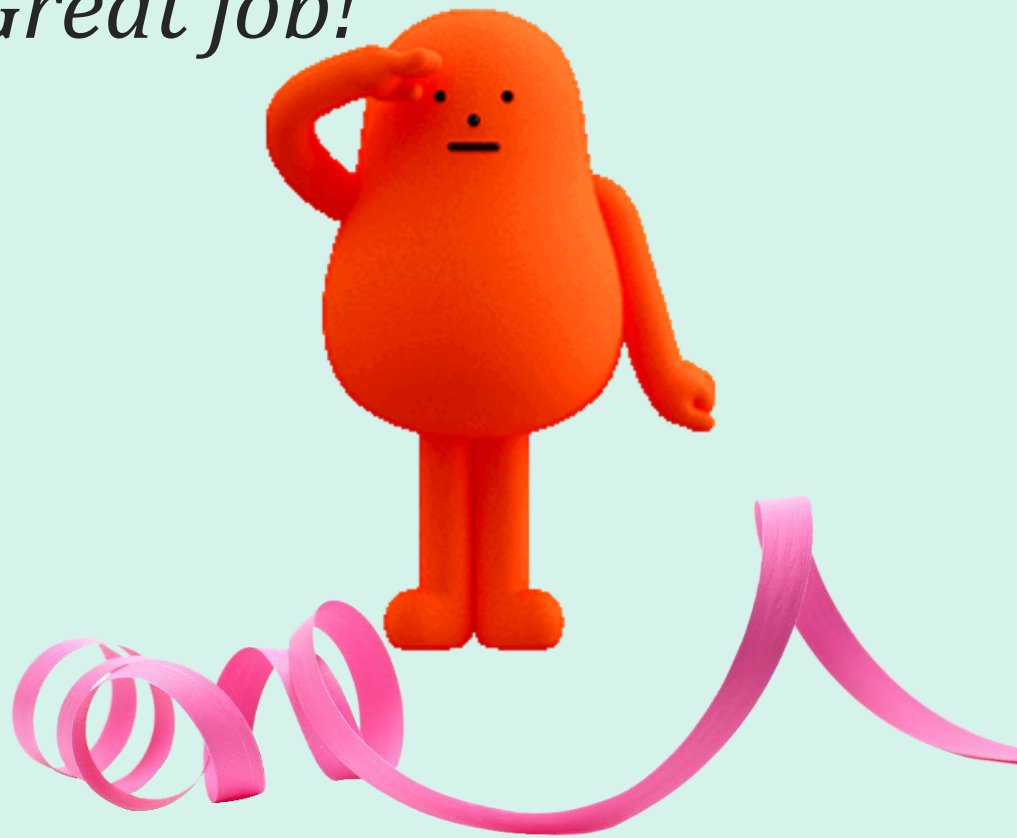
Mishti Jain, 4A

- Awarded Best Musical Art by World Music Conservatory

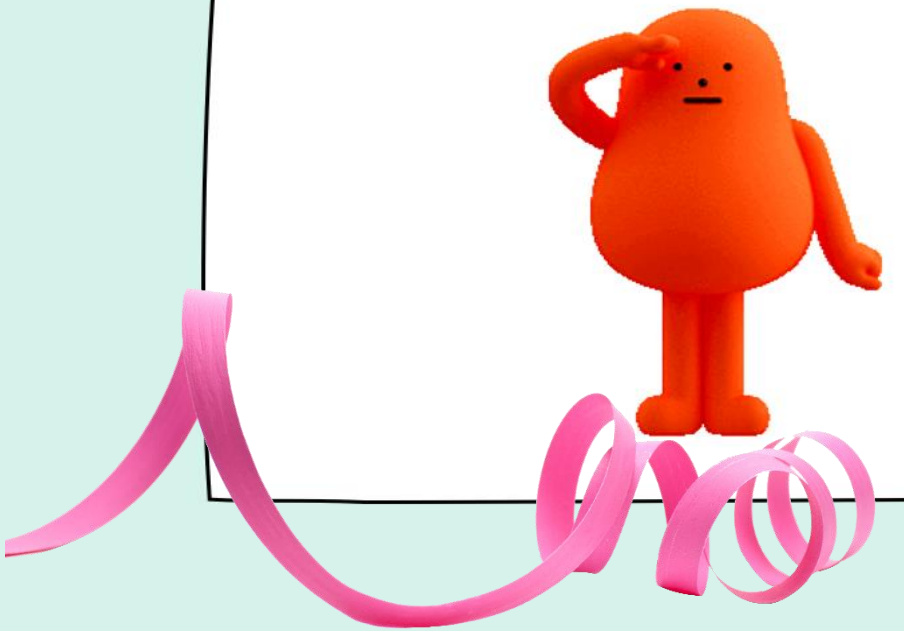
Poorvi Singhvi , 5A

- Consolation Prize, Azadi ka Amrit Mahotsav organised by ISRO in collaboration with Jawaharlal Nehru Planetarium

Great job!



Congratulations!



Shaurya Shekhar Ss, 3C

- First Place, Mental Math World Cup - Masters Category

Diya Reddy, 4C

- Fourth Place, National Level Open Yoga Championship

Pravit Jain, 4C

- Silver Medal, Karnataka State Roller Skating Competition

Viransh Bhurat, 3B

- Third Place in Chess and Mental Math -Shree Suresh Angadi Memorial Children's Chess Tournament

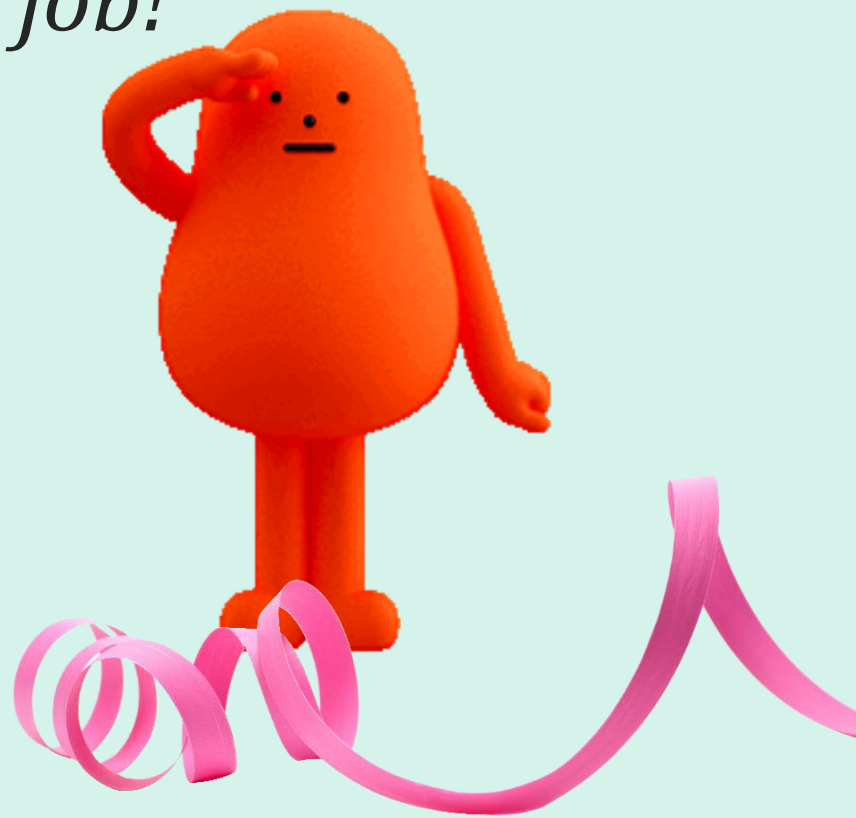
- Rank 1 in School-Category – Challenger

- Rank 31 in India- Category – Challenger

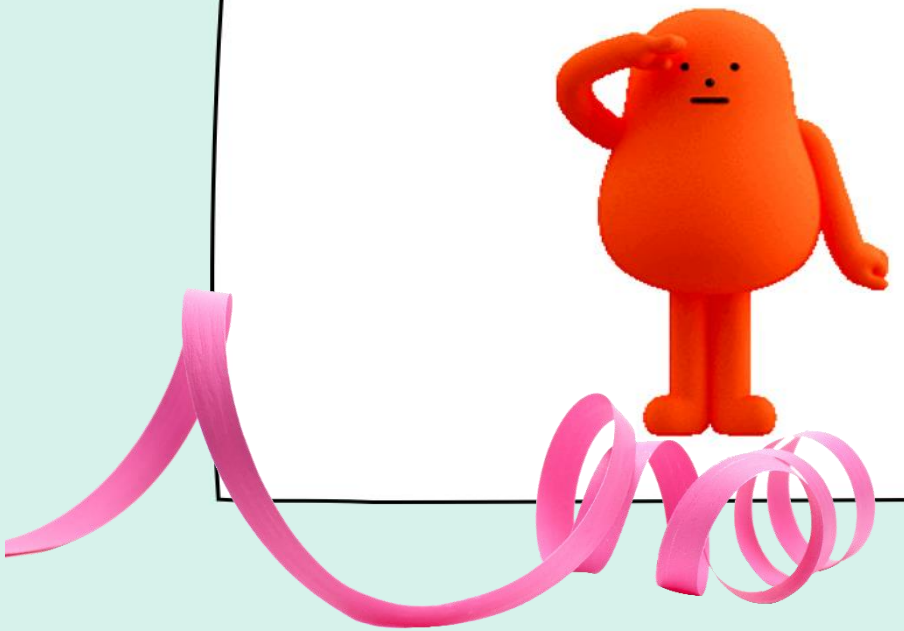
Raghav Nitin, 5A

- Third Place in the Reading Olympiad 2022 organised by GetLit

Great job!



Congratulations!



Rhea Michelle Prabhu, 4B

- First Place, Tennis tournament organised by Tennis Temple

Sai Vedita C, 4B

- Distinction, Round 1
- State Rank - 75, Round 2 in Indian Talent Olympiad

We rocked at the Olympiads!

Science Olympiad Foundation -2021-2022 Results

Pradyot S Bharadwaj, 5C
Zonal Rank 21 –IEO

Rishikha Sandeep, 2A
School Rank 1–NSO

Virat Awasthi, 2C
School Rank 1– IMO

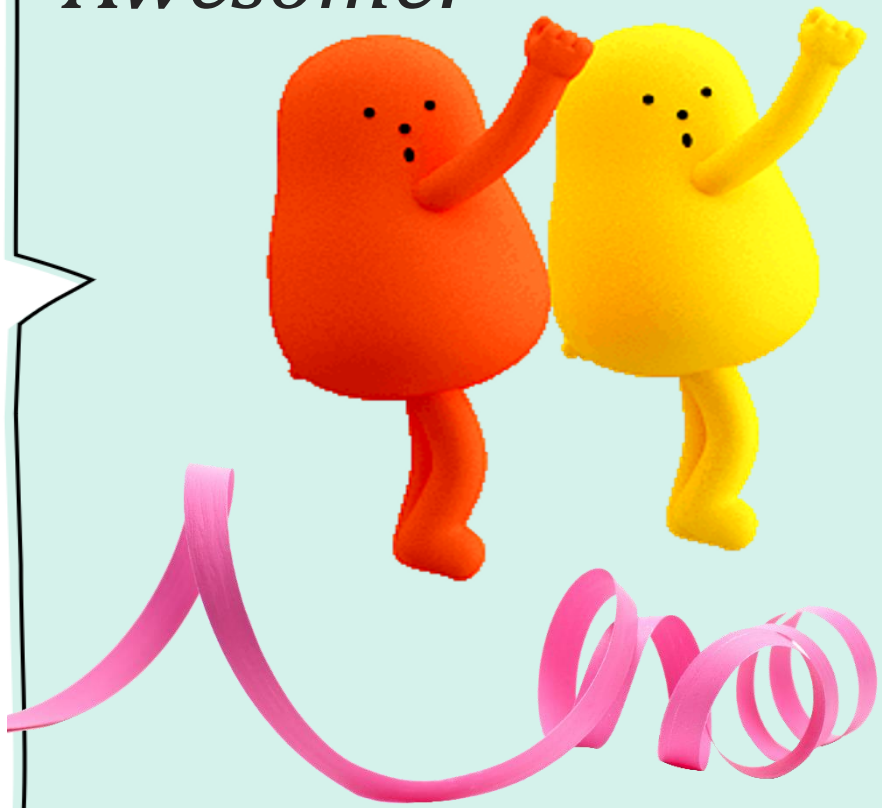
Antara A Mishra, 5C
School Rank 1 –IMO

Ananya Vinod, 5B
School Rank 3 –IEO

Individual Junior Champions

Pravit Jain (4C) **Cherissa Arvind (5C)**

Awesome!



Sports Day!
Prize Winners

100 M JUNIOR BOYS
- Devain Bafna (5C)-Second Place

100 M JUNIOR GIRLS
- Antara A Mishra (5C)-First Place
- Cherissa Arvind (5C)-Second Place

LONG JUMP JUNIOR BOYS
- Atharv Nadig (5C)-Third Place

LONG JUMP JUNIOR GIRLS
- Antara A Mishra (5C)-First Place
- Cherissa Arvind (5C)-Second Place

BASKETBALL THROW JUNIOR GIRLS
- Cherissa Arvind (5C)-First Place

Sports Day!
Prize Winners

100 M SENIOR BOYS
- Aryaman G Jituri (5A)-First Place
- Rajveer Chowdhary (5C)-Second Place
- Kushagra Singh (5C)-Third Place

100 M SENIOR GIRLS
- Shivani Ammatanda Poovanna (5B)-First Place
- Prisha Jain (5B)-Second Place
- Archi Ratadia (5A)-Third Place

LONG JUMP SENIOR BOYS
- Rajveer Chowdhary (5C)-First Place
- Vishal Sudhan H M (5A)-Second Place
- Aryaman G Jituri (5A)-Third Place

LONG JUMP SENIOR GIRLS
- Shivani Ammatanda Poovanna (5B)-First Place
- Prisha Jain (5B)-Second Place
- Archi Ratadia (5A)-Third Place

BASKETBALL THROW SENIOR BOYS
- Rajveer Chowdhary (5C)-First Place
- Rihan Nrupesh Mastakar (5C)-Second Place
- Shakyavardhan Gupta (5B)-Third Place

BASKETBALL THROW SENIOR GIRLS
- Ananya Acharya (5C)-First Place
- Sahana Manjeri (5A)-Third Place

Sports Day!
Prize Winners

INTER-HOUSE RELAY-VISHAL HOUSE

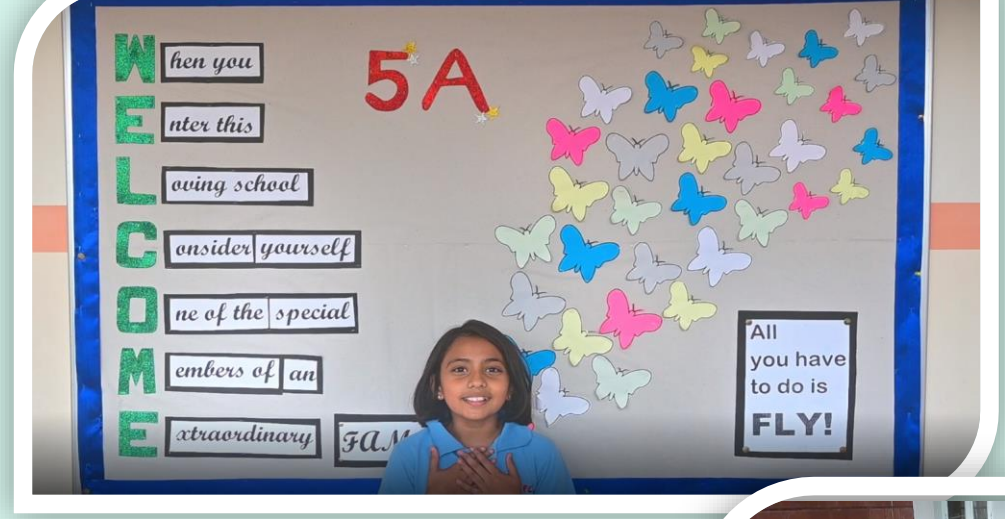
- **Arundathi Kaddi (5B)**
- **Shreshta Uvaraj (4C)**
- **Shivani Ammatanda Poovanna (5B)**
- **Reyansh Doshi (5C)**

TUG-OF -WAR WINNERS
VISHAL HOUSE TEAM MEMBERS

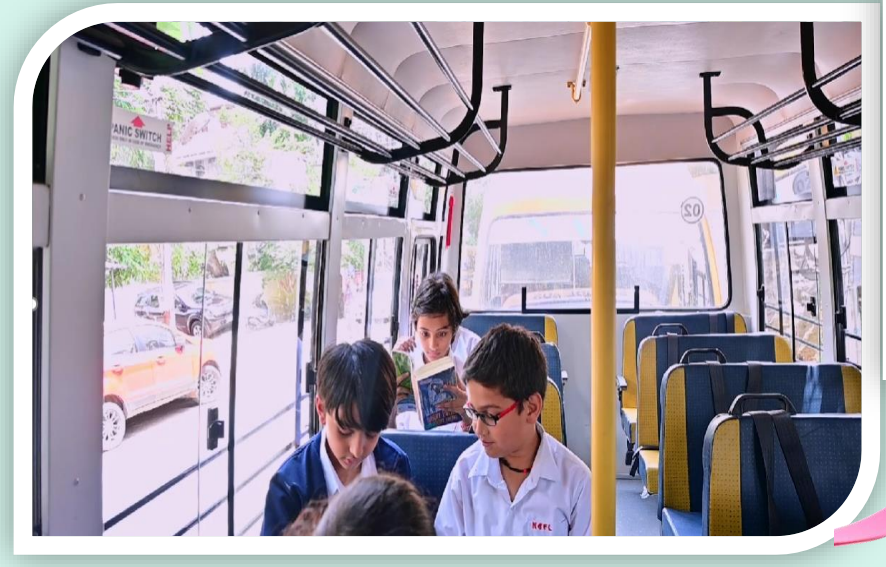
- **Rithvik Annappa Naresh (5A)**
- **Shashaank Mahesh Gonchikar (5B)**
- **Shivani Ammatanda Poovanna (5B)**
- **Cherissa Arvind (5C)**

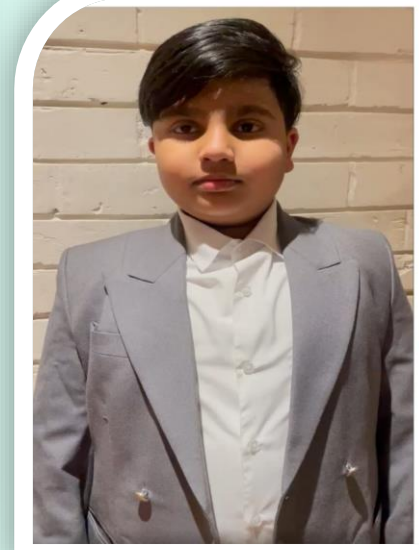
Congratulations, Winners!

Class Assembly



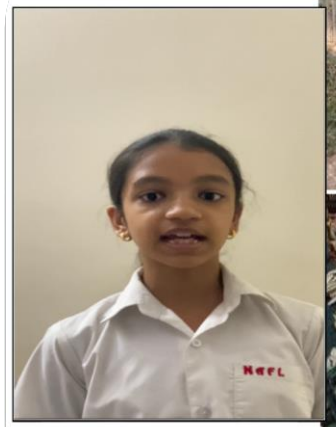
5A shared how to keep our environment, especially school, clean and green. We are moving towards our sustainable developmental goals.



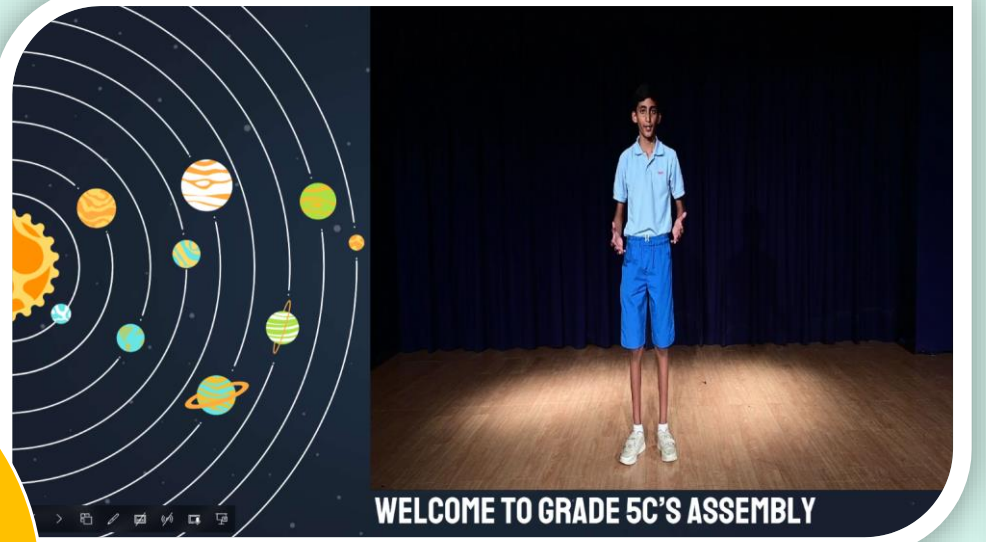


Mr. Sandesh, Naturalist,
The Bamboo Forest Resort,
Tadoba,
Maharashtra.

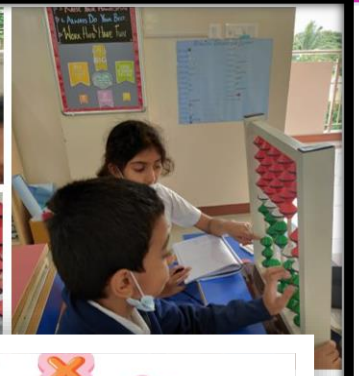
On World Elephant Day, 5B created a buzz to secure a future for **elephants** and to sustain the beauty and ecological integrity of our forests.



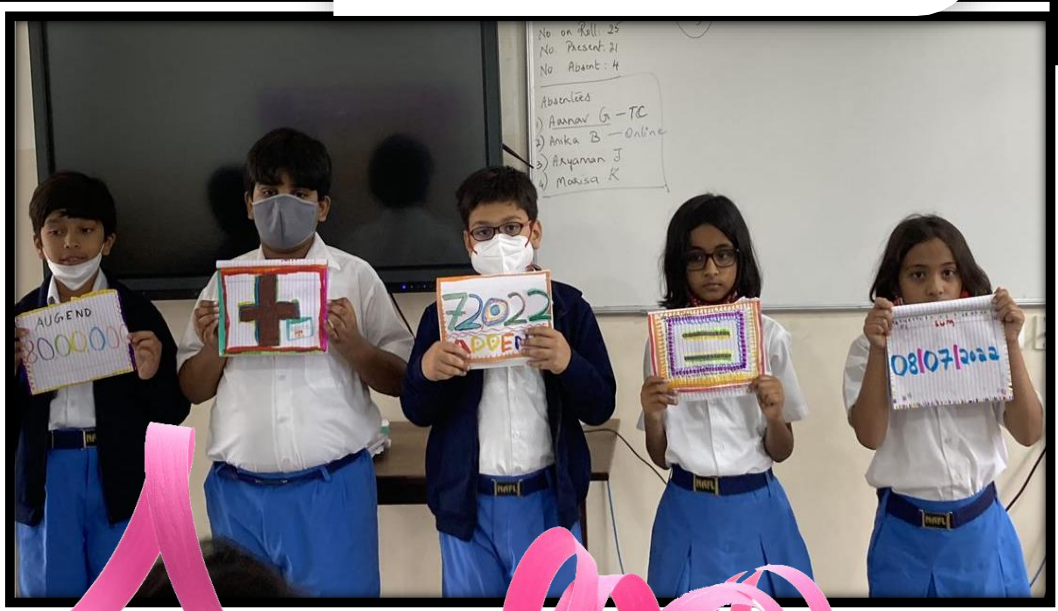
5C took our friends to a journey in space; understanding the Dwarf Planets and our Solar System better.

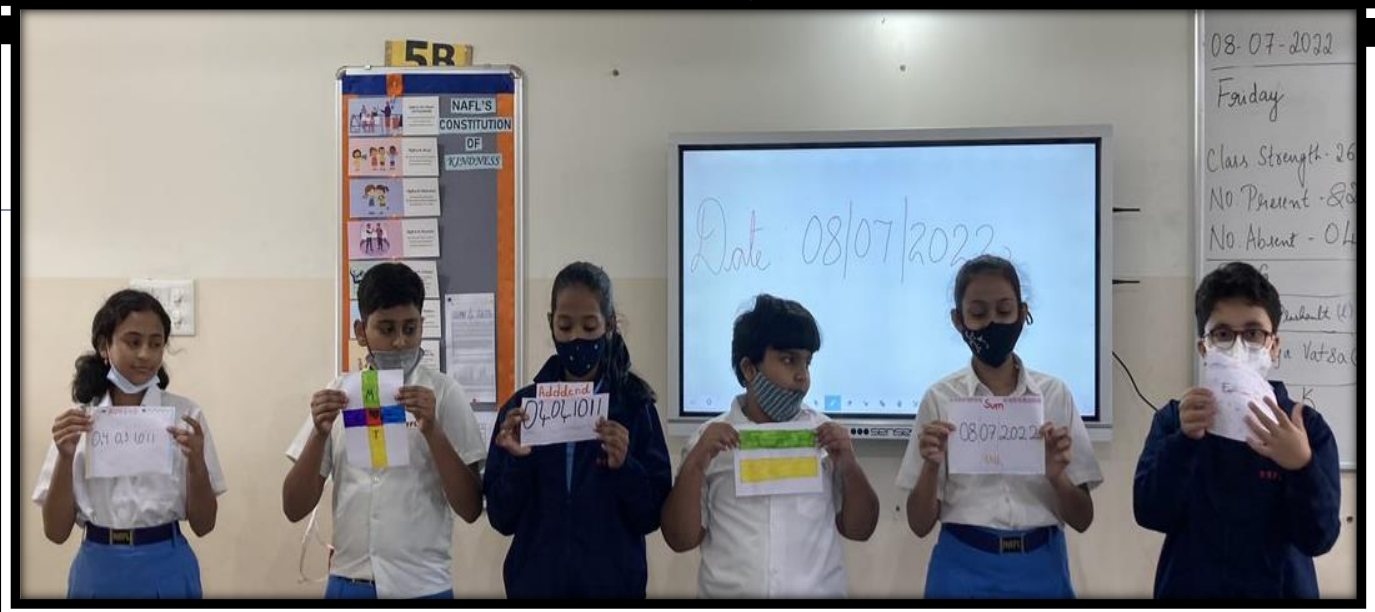


Class Buzz



MATH

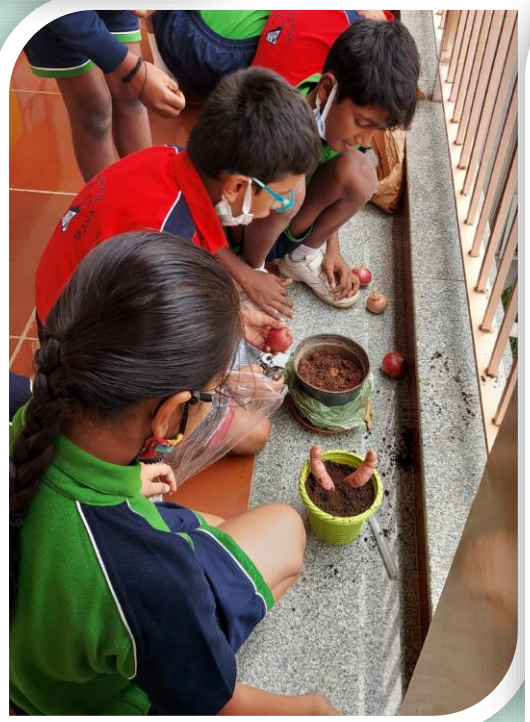

No. on Roll: 25
No. Present: 21
No. Absent: 4
Absentees
1) Aaanav G – TC
2) Anika B – Online
3) Aryaman J
4) Maaisa K
AUGEND
2022
SUM
08/07/2022


5B
NAFL'S CONSTITUTION OF KINDNESS
Date 08/07/2022
08-07-2022
Friday
Addend
04.04.1011
Sum
08.07.2022

Fun with Language!

Creativity at its BEST!

SCENCE
it's
LIKE
MAGIC
BUT
real



From Early Human tools to going around the World, our learning never stops!

CIRCLE TIME
RIGHT!

French Day,
fun and frolic!

International Day of Yoga

Meet Our Teachers!

The Grade 5 Team!

Ms. Indumathi M. H.

Grade 5A

Ms. Ranjitha B. N.

Grade 5B

Ms. Khushboo P. K.

Grade 5C

Ms. Vimmi P.

English

Ms. Sangeetha M.

English

Ms. Veena N.

Mathematics

Ms. Sangita D.

Mathematics

Ms. Nayana A. M.

Science

Ms. Kajal S.

Social Studies

The Grade 5 Team!

Ms. Nidhi R.

Hindi

Ms. Parveen K.

Hindi

Ms. Sanjana M.

Hindi

Ms. Akhila S.

French

Ms. Livia A.

French

Ms. Poornima B. R.

Kannada

Ms. Anitha B.

Kannada

The Grade 5 Team!

Mr. Rochit K.
Western Music

Mr. Sushruth K.
SAPA

Ms. Shwetha S.
Dance

Ms. Mamatha H.
Yoga

Ms. Roopa B.
P.E.

Mr. Vijay K.
P.E.

Ms. Smitha P.
Art

Ms. Akshata H.
Library

Dussehra Holidays
24th September to 5th October 2022
School reopens on
6th October 2022

School contacts

NATIONAL ACADEMY FOR LEARNING
An International School

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