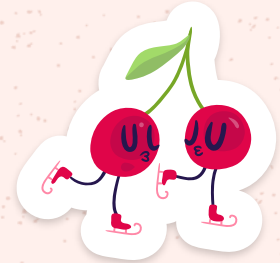
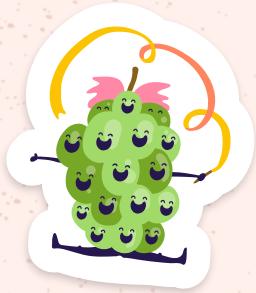
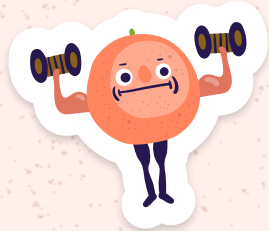


NATIONAL ACADEMY FOR LEARNING

An International School
Bengaluru



Montessori 2 – Calendar December 2022–2023



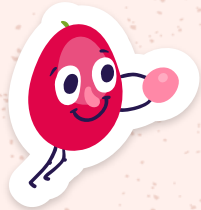
December – Nutrition and Personal hygiene

Montessori – 2



We discuss:

- Favourite food
- Healthy and Junk food
- The importance of being fit, watching less T.V. and playing outdoors
- The significance of personal hygiene:
 - keeping nails clean and trimmed to prevent illness
 - covering nose and mouth while sneezing or coughing
 - brushing techniques and dental hygiene
 - washing hands to prevent spread of germs
 - safe eating habits and the dangers of eating food off the floor





Montessori – 2

Mark your Calendars!

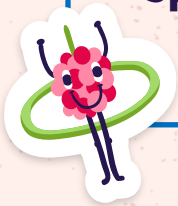


December
16th

December
21st

December
23rd

**Bring your
favourite snack and
speak about it**



**Annual
Concert**

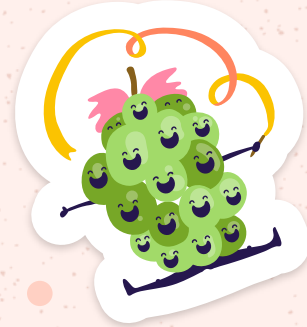
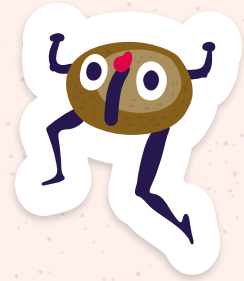
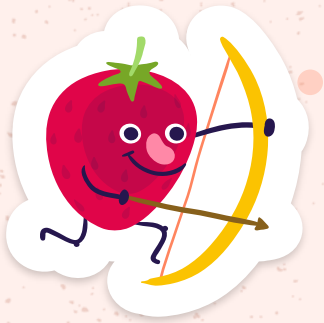


**Christmas
Assembly and
Class Party!**



Montessori – 2

Christmas break is from December 24th to January 1st. School will reopen on January 2nd.



Principal: Ms. Indira Jayakrishnan

Coordinators: Ms. Pushpa, Ms. Divya

Grade Teachers: Ms. Ridhi, Ms. Krithika, Ms. Shubha,

Ms. Anupama, Ms. Deepti, Ms. Neethu, Ms. Srimathi, Ms. Ashwini