

NAFL GRADE 9 ICSE TERM 1 NEWSLETTER 2021-22



HELLO!

September 2021

It is wonderful to reach out to you as we complete another term of virtual school for the second year running. Our landscape has changed, our tools of work transformed, yet our hearts beat stronger and braver!

A fierce commitment to give our NAFLERS the best continues undiminished.

The opening term of school has been busy beyond belief with so many school events and special assemblies.

Enjoy the news updates and the stories! Our students are well and happy!

*Warm regards
Indira Jayakrishnan*



Last year, we faced the tremendous challenge of adapting to an online format - it was a novel experience for most of us, and we tackled many challenges as the year progressed. This year, however, we've adapted more active strategies and learned from our previous experiences to engage our students in a better way. We'll always have more things to learn and improvise but it's always to create a better experience!

The online work this year has made us more comfortable and experienced and has given scope for teachers to experiment with new tech tools! Kudos to new learning!

The second year of on-line work has made me rethink my teaching strategies and to try and experiment new possible ways to improve the learning experience.

I have started liking online teaching which opens doors to enormous digital resources to make teaching and learning an enriching experience for all.

I was quite unsure as to how effective learning could be incorporated in an online environment but if there is one thing, I have learnt from NAFL, it is that through innovation and dedication anything is possible. The NAFL model for online learning stands proof of the same.

TEACHERS SPEAK

The real-world exploration and use of interactive tools has been highly beneficial to the learning progress of both teachers and students. It has helped students pursue highly individualised learning paths.

It is a testament to our resilience that the learning process has marched on despite uncertain times in the pandemic. While we have added to our skill sets and adapted to the new normal, I miss the on-campus vibe...

Well, here's to hoping for an early and safe reopening of our schools.

The use of tech tools for collaborative learning and assessment makes learning more effective. At the same time, the drawback is that teachers cannot interact with students with the same ease as in a traditional classroom. In other words, virtual classroom cannot replace a real classroom. Technology has its limitations.

This year, we are at ease and confident about our online classes. We have trained ourselves to design and deliver our lessons to maximise student engagement and learning. We have broken down our lessons to mini lectures followed by independent work or collaborative activities. The formative assessments in the form of quizzes, videos, cold-calling students for responses, keeping their videos on, etc. have helped us stay on our toes!

The teachers are so patient, and they are engaging the students in a great way! Grade Teacher Time is a good idea ... communication within the class has really stepped up.

I believe the emphasis on physical activities to be given equal importance.

Few things could embody hope better in these challenging times than young children full of curiosity and enthusiasm, eager to continue learning despite all the curveballs that COVID has thrown at them... This has only been made possible by the immense dedication shown by teachers... Thank you.

Please keep advising the children on digital time and encourage them to do more hands-on activities after school.

A big reason for my child blossoming into a confident girl is because of the school and the teachers!

Even though it is an online mode of working, the school has really pulled it off! I really appreciate the way events are conducted and the effort taken to keep up the school spirit!

Cheers to NAFLTY! Great effort and dedication!

The best part of NAFL's online teaching has been the stress on subjective tasks on a regular basis, thus ensuring that the students' progress in developing writing skills and critical thinking is not hampered in any way.

I have never heard my child saying, "the class is boring!"

Wow!

PARENTS SPEAK

We, in the beginning, thought that Huddle Hubs are optional and not needed - but the practice on the concept given to kids via vagaries of games is amazing (at times we think - "Oh - we can teach this way too!)

Our heartfelt thanks for the great efforts put in to make teaching a wonderful experience in these pandemic times.

Virtual Sports Day was a wonderful thought and you (entire NAFL team) have made it a reality. Thanks to the entire troupe

The Opening Day assembly was really special to us today...it was such a great start to an otherwise bleak year!

My gratitude on ensuring continuity of education!

We are proud of everything that NAFL has taught our daughter over the years, which we believe will truly hold her in good stead as she embarks on the next phase in her life.

Congratulations to you and the NAFL team on achieving outstanding Grade 10 ICSE 2021 results!

Wow!

PARENTS SPEAK

I appreciate the efforts put in by all the IGCSE Faculty for their tireless efforts in keeping the students motivated despite the pandemic and students getting bored with online sessions.

ANNUAL PRIZE DAY

2020-2021



**BE HAPPY.
BE BRIGHT.
BE YOU.**

PROGRAMME

- Song: *This is My Prayer*
- Welcome Address
- Lighting the Lamp
- School Annual Report
- Song: *Good Things Just Take Time*
- Video: Felicitation of NAFL's Prize Winners , AY 2020-2021
- Documentary: *Be Happy. Be You.*
- Investiture Ceremony
- Special Address: Dr. Bindu Hari, Vice Chairperson, NAFL, NPS, TISB,
- GMC
- Video: *Let's Be Kind*

Vote of Thanks

National Anthem

Ananya Subramanya

- Outstanding Asynchronous Work Submission in English Language & Hindi
- Outstanding Participation in Circle Time & Indian Music
- Outstanding Class Participation
- Outstanding Punctuality

Pranav Sriskandar

- Outstanding Asynchronous Work Submission in Environmental Science
- Outstanding Preparedness for Online Classes
- Best Team Collaboration (Technical Support)

Dhruv Sunil Kumar

- Outstanding Asynchronous Work Submission in Kannada
- Outstanding Participation in Art
- Outstanding Preparedness for Online Classes



STUDENT COUNCIL LEADERS



Aryan Motebennur
Captain - Kamal House



Ustat Kaur Sethi
Captain - Kamal House



Diya Suhas
Head Girl



Keerthi Nair
Captain - Vishal House



Shayan Veer
Captain - Vishal House



Swarna Acharya
Sports Captain



Anindya Batabyal
Sports Captain



Shruti R Mankhale
Captain - Nihal House



Ankith Halagur
Captain - Nihal House

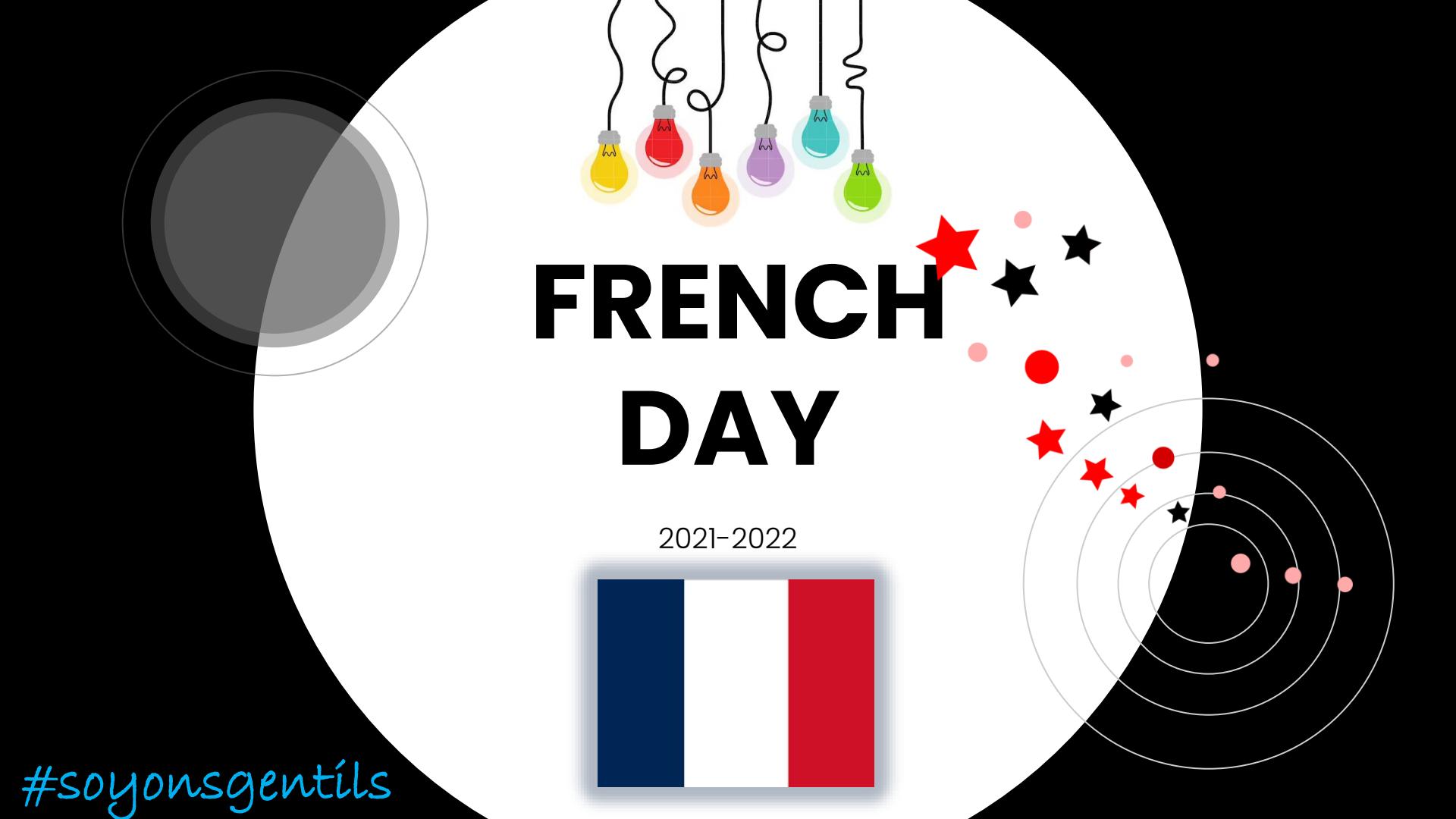


NAFL CHOIR

CLUB LEADERS

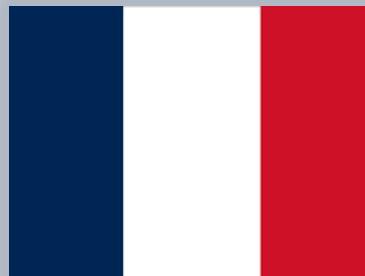
DEBATE CLUB





FRENCH DAY

2021-2022



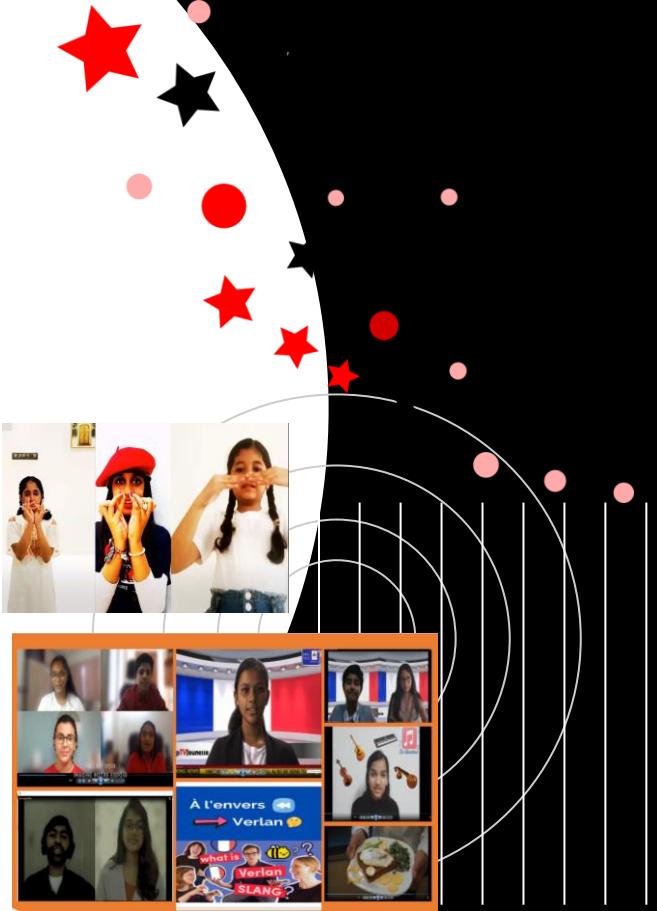
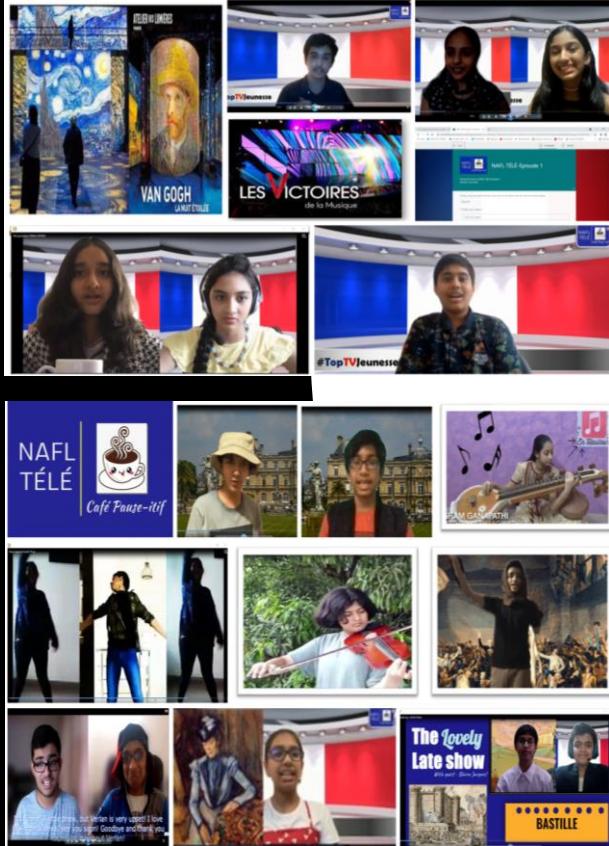
#soyongentils

FRENCH DAY 2021

As part of virtual French Bastille Day celebrations 2021, Primary, Middle and Senior school students participated with great enthusiasm and zeal in a plethora of activities revolving around acts of kindness - éclairons le monde avec notre gentillesse, music, dances and in first-ever TV show NAFL TÉLÉ- café pause-itif which broadcasted news infotainment segments on the culture, language, architecture, tourism, fine arts and humourous skits followed by viewer quizzes. The two-week long celebrations culminated with special assemblies, a virtual tour of France and its festivities.



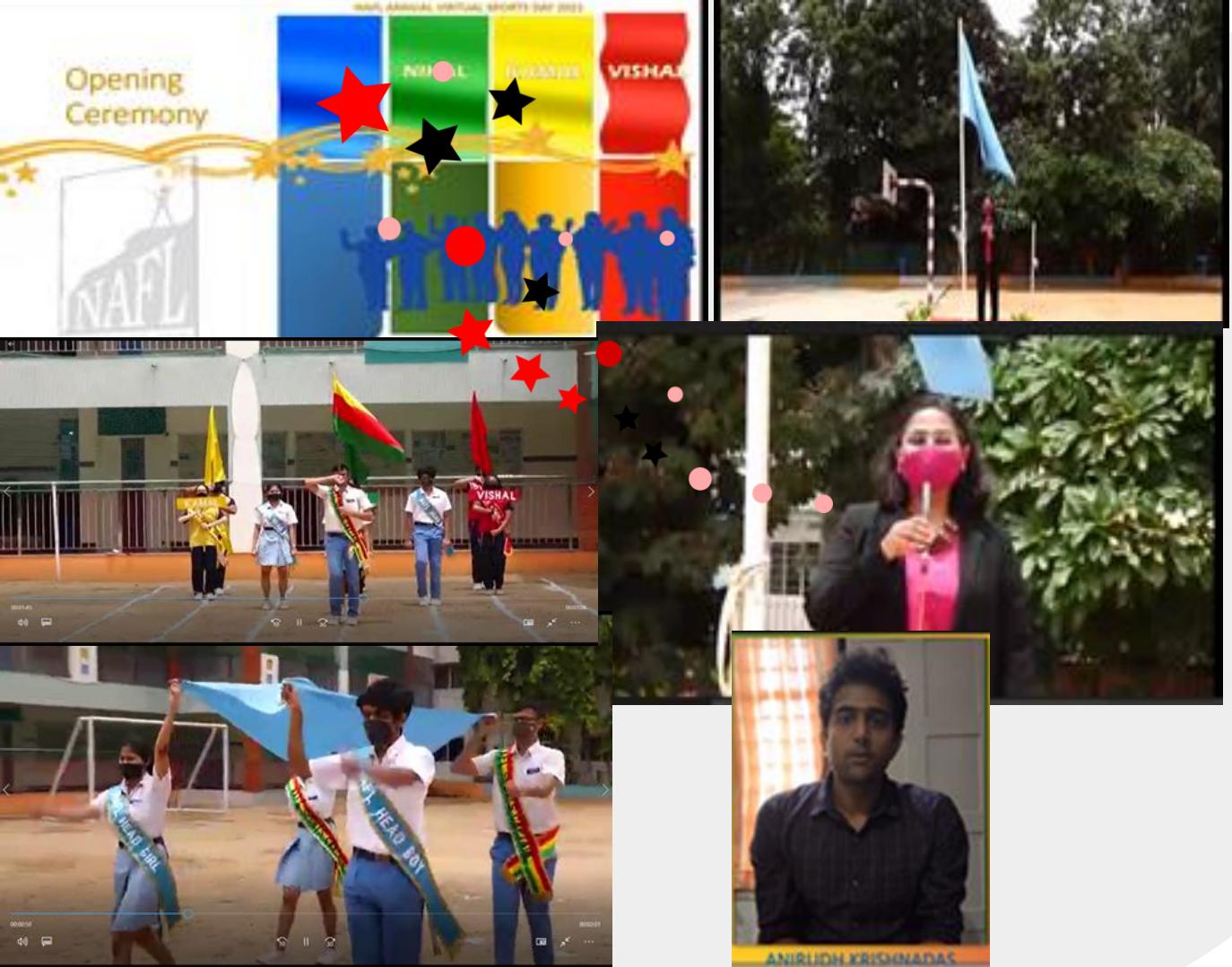
Celebrations





SPORTS ★ ★ **DAY**

2021-2022



Yet another successful NAFL Virtual Sports Day 2021-22 was held on 14 August 2021!

The Student Council led by the Sports Captains began the proceedings with a March Past and the Sports Day Oath, followed by our esteemed Principal Mrs. Indira Jayakrishnan declaring the Sports Meet open.

The Guest Speaker for the occasion was NAFL Alumnus, Mr. Anirudh Krishnadas who has represented Karnataka at national level football championships, and is COO of a sports company.

A video of the events of the day can be caught on our school website!

GLIMPSES OF SENIOR SCHOOL SPORTS DAY

- Flamingo
- Skipping
- Push-ups
- Bicycle Crunches
- Run Till You're Done! (Cycling and Running)





VISHAL HOUSE



**OVERALL
ATHLETIC CHAMPIONSHIP!**



SPECIAL ASSEMBLIES

International Yoga Day

Doctor's Day

World Tiger Day

World Mountain Climbing Day

Independence Day





INTERNATIONAL YOGA DAY

21st JUNE 2021

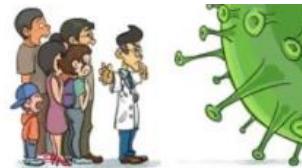
Ms. Sudeepta Shanbagh, a passionate yoga instructor and co-founder of Eka Meditation demonstrated various asanas to help strengthen muscles for stretching, help breathing and for relaxation.



GUEST SPEAKER

Dr. VENKATESH S. MADHUGIRI

**Professor of Neurosurgery at
NIMHANS, Bengaluru**



Not all heroes wear capes!

July 1st

My doctor is special because



When the whole of humanity came to a standstill this past year and a half, struggling to make sense of the changes, one community of workers has been working overtime. They have been sacrificing sleep, family time and sustenance, to keep us afloat and help us combat the toughest malady of our times – the Corona Virus.

Nafliers were delighted to honour this noble and selfless tribe – Doctors – in their special assembly. A documentary of sorts was put together with NAFL voices and amazing graphics by Siddhartha Rajiv and Govind Raman. A special song that drove the film was sung brilliantly by Jahanavi Nikkam and extraordinarily supported on the piano by Aniket Halagur.

SPECIAL ASSEMBLY
WORLD TIGER DAY 29th July 2021
With talented Guest Speaker
Ms. Ratna Singh

Ms. Ratna Singh has been working in the field of sustainable wildlife tourism for over 15 years. She is a qualified professional wildlife guide and trainer. Awarded for her work in the skilling of rural youth, Ms. Ratna has helped train over 1200 individuals till date in the fine art of eco-tourism.





TIGER

NAFL Senior School Choir



Arvaan Doshi 6C

*Do tigers experience emotions like happiness, sadness, anger, etc.,?
What has been your experience?*

Raghav Mohan Kumar, 12 ISC

Other than donations, how else can we, as students, help in saving tigers and wildlife in general?



Raksha Gopinath, 12 ISC

Are zoos really any good for wild animals like tigers? Do you think it's time to do away with zoos?

*A question from our teachers to Ms. Ratna!
How does it feel to be breaking barriers and stereotypes and to be out there in the jungle? What keeps you going?*



NATIONAL MOUNTAIN CLIMBING DAY



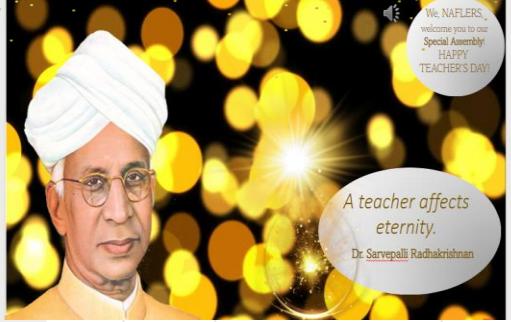
NAFLERS heard directly from Ms. Malavath Poorna, who scaled the highest peak of Mount Everest when she was just 13 years and 11 months old. Ms. Poorna shared valuable insights about her personal experience, focussing on the training a mountaineer goes through, the challenges she faced and the thrill of reaching the top. Our young NAFLERS were enthralled by the session!



*NAFL Celebrated India's
75th Independence day
highlighting the glory of the
Indian culture, beauty of its
civilization through dance
and music.*

Musings... A presentation by grade 10 students captured all the beautiful moments that are scattered around us, on every step in India. From the meaning of our National Anthem to the buzzing streets of Delhi. The valour and saga of our Indian warriors and their extraordinary stories were also highlighted.





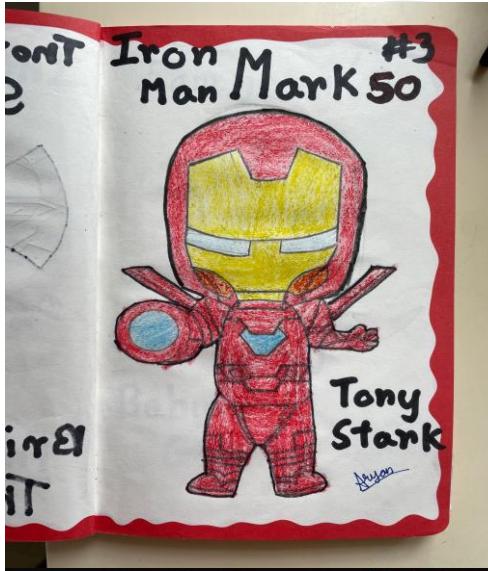
TEACHER'S DAY 2021

Teacher's Day was celebrated with great warmth and enthusiasm at NAFL on 4 September 2021! Children from the Early Years right up to the Senior Years participated in the festivities that included music, dance, theatre, quiz, and much more! The teachers and students thoroughly enjoyed the Special Assembly!



Class BUZZ

Class Buzz was organised with the grade teacher and the associate teacher, filled with Fun and Creativity.



Cartoonist

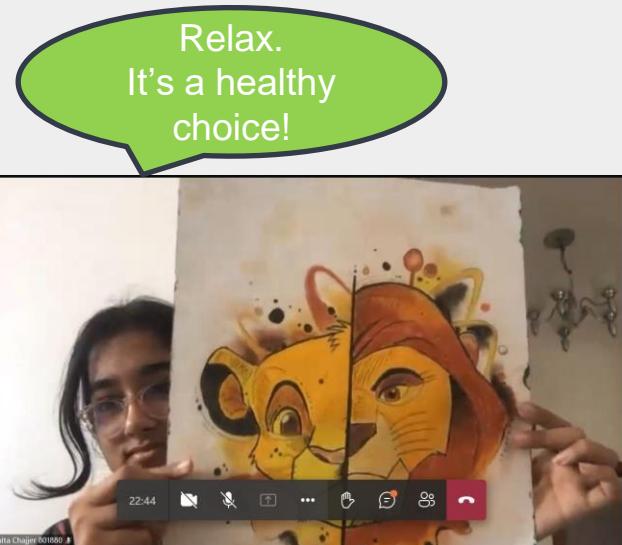


Miniature Food platter





Musicians



9 B Class Buzz was organised with the grade teacher and the associate teacher. It was filled with fun and frolic games, leading to lots of laughter and relaxation.

The image is a collage of screenshots from a Class Buzz session. At the top, a grid of 25 video feeds shows students and teachers participating in the activity. Below this, there are two main sections: a game board and a scoreboard.

Game Board: On the left, a hand-drawn game board is shown. It features a rectangular area with a dashed border, containing several small squares. A large black arrow points towards the top-left corner of the board. To the right of the board are various red and black shapes, including stars and circles.

Scoreboard: On the right, a vertical list of student names and their scores is displayed. Each entry includes a small profile icon and a 'switch' button.

#	Name	Points
4	Amisha	1360
3	dynamite	1555
2	Manav	2310
9	continent	655
5	Vishwa	915
12	luck (You)	355
1	Adhya	2630
6	pub	740
7	Preksha	725
8	Vachan	705
10	yashika	505

Bottom Right: A sidebar provides additional information and a poll section. It lists words and their meanings: cheese, luck, dice, Vishwa, domino, continent, Il tac to, Preksha, dice, SubRahmanyaa: Dominos, Adhya: dominos, dynamite: Lido, pub: ludo, Vishwa: ludo, Preksha: ludo. It also includes a poll question: "Why this ad?".

OUR TEACHERS ☺

9 ICSE-A	
Grade Teacher	Ms. Piyali Biswas
Asso. Grade Teacher	Mr. Suresh A N
English	Ms. Shilpa S
Hindi	Ms. Archna S
French	Ms. Priya R
Mathematics	Mr. Umesh N
Chemistry	Mr. Prabhat Karnani
Biology	Ms. Nalini G S
Physics	Ms. Jomcy
History	Ms. Papia Chandra
Geography	Ms. Piyali Biswas
Art	Mr. Srinidhi S
Eco. App	Ms. Shree Nidhi N
Comp. App	Ms. Mamta U
P.E	Mr. Suresh A N/Ms Lylla

Grade Teacher Time

- Tuesday – 8:00 a.m. - 8:10 a.m.
- Friday – 8:00 a.m. - 8:10 a.m.



9 B ICSE



OUR TEACHERS

Grade Teacher	Ms. Richa Jha
Associate Grade Teacher	Ms. Vinitha Nair
English	Ms. Richa Jha
Hindi	Ms Raina
French	Ms. Priya R.
Mathematics	Ms. Supriya S.
Physics	Ms. Soma M.R.
Chemistry	Mr. Swathi B.
Biology	Ms. Manisha M.
History	Ms. Papia C.
Geography	Ms. Vinitha Nair
Economic App.	Ms. Shreenidhi N.
Computer App.	Ms. Mamatha U
Phy Education	Mr Suresh /Ms Lylla
Art	Mr Srinidhi

Grade Teacher Time

**Monday – 8:00 a.m. - 8:15 a.m.
Thursday – 8:00 a.m. - 8:15 a.m.**



Achievers Of Our Class

9 B



keep it up



VIRTUAL SPORTS DAY 2021-22 MEDAL WINNERS



ADITYA HARIHARAN

I Place Yoga
II Place Push-ups
III Place Bicycle Crunches



DISHITA CHAJJER

II Place
Bicycle Crunches



MALLIKA ACHARYA

II Place Flamingo test
I Place Yoga



MISHANT JAIN

III Place Push-ups
I Place Skipping
II Place Bicycle Crunches



ARYAN NAGURE

III Place
Flamingo test



SNIGDHA S SHANKAR

II Place Push-ups & Skipping
III Place Bicycle crunches



SHIVANSH SHARMA

I Place
Flamingo test



SHRUTHI M KUNDUVADAMATA

III Place
Skipping

VIRTUAL SPORTS DAY 2021-22 MEDAL WINNERS



VACHAN HINDISKERE

II Place
Flamingo test



MOHAMMED ENNAN HASSAN

I Place Push-ups & Bicycle
Crunches



SUBRAHMANYA ANANTH

II Place
Skipping



ATHIRAI ANAND
III Place
Flamingo test



PRASHAMSA P
III Place
Yoga



PREKSHA B KRISHEN
I Place Push-ups & Skipping
II Place Yoga



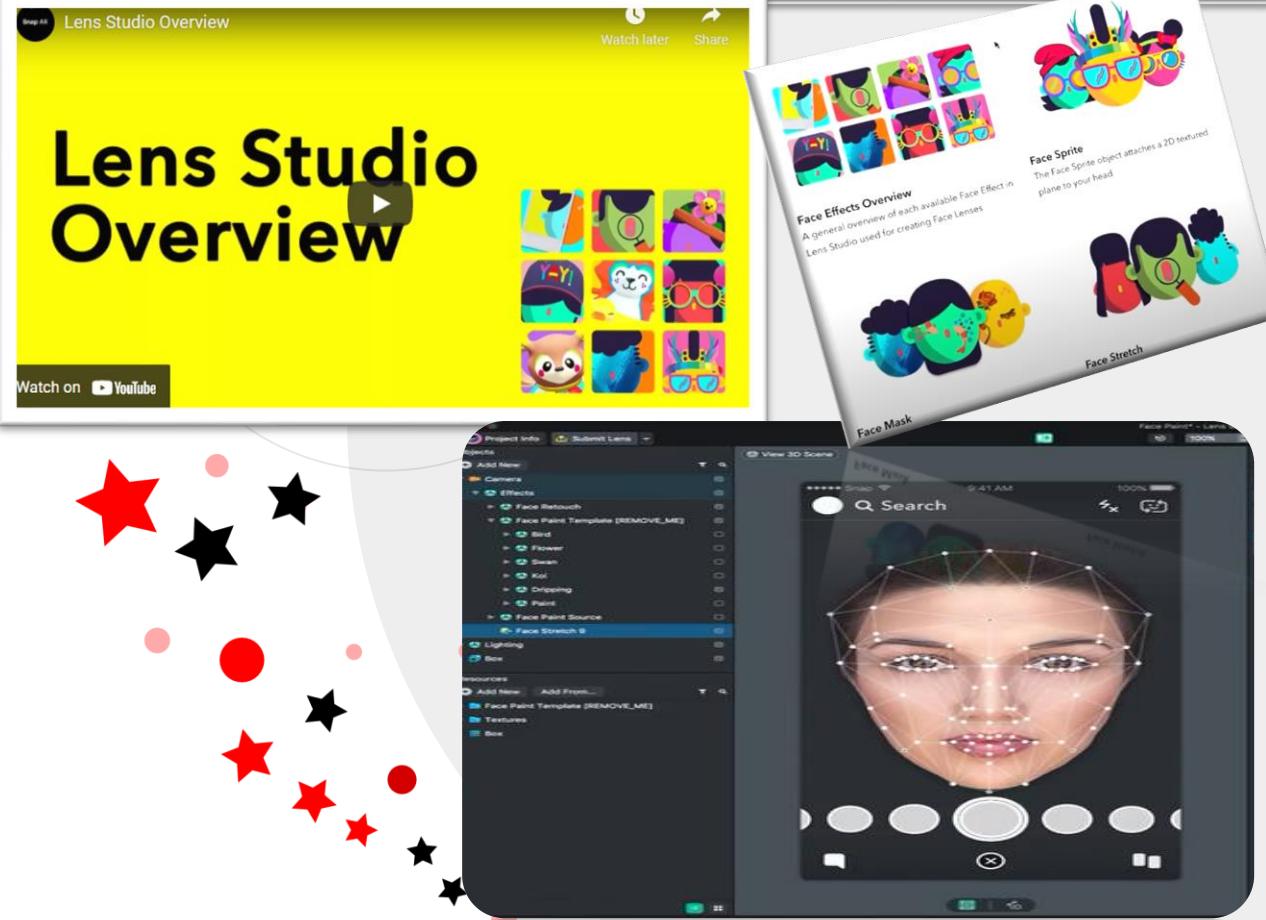
YASHIKA RATHI
III Place
Push-ups



Campus News

For Grades 6 – 12

“The Power of Augmented Reality”



31 August 2021

*NAFL senior school students had a wonderful opportunity to dive into the future through a workshop hosted by ENpower in partnership with **Snapchat India** to showcase the power of **Augmented Reality (AR)** and how it's shaping the world around us!*

The session helped students visualise new possibilities as AR is opening-up many avenues even in subject choices for higher education!

CAMPUS WEBINARS@ NAFL

PATHWAY TO THE FUTURE

- University of Arizona
 - Boston University
 - Flame University
 - O.P. Jindal College of
 - Manchester University
 - Australian National University
 - John Hopkins University
- And many more...

Summer programs on journalism,
medicine and law

SAT updates by College Board

Course updates

Alumni Connect

University Virtual Tours

Connect over coffee with
admission officers

Post-Pandemic processes and
teaching methods

Each university gave an insight about the courses they offer at the UG level along with their popular courses, admission criteria, fees, visa related issues , online/offline classes due to pandemic times.

The UCAS and the common app webinars focused on the SOP , essays , prompts and how to write a winning essay.

The summer programs and virtual tours by the universities gave the students an insight of their university campuses and connected them with alumni.





NEWSMAKERS!

Inter-School Competitions

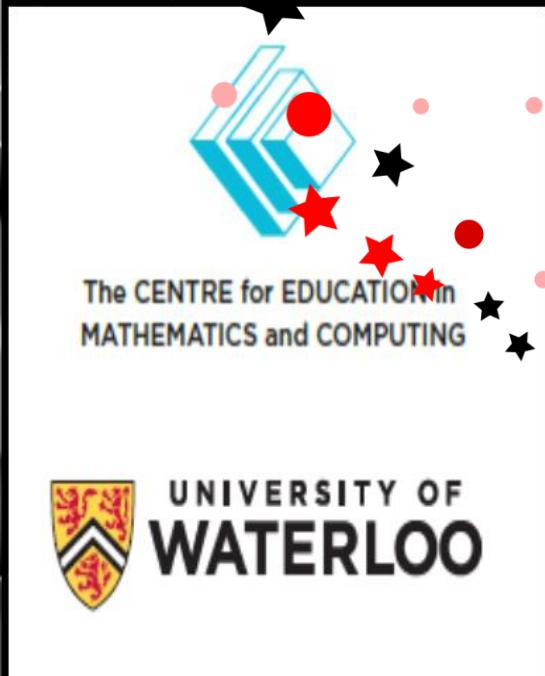


The Big Bang Physics Video Challenge!

VIBHAS VIVEK of Grade 10ICSE successfully completed the science communication challenge for 'Big Bang Physics', a course in elementary Particle Physics organised in collaboration with leading scientists and educators from CERN, Geneva, Switzerland.

She was among the top 100 performers. Well done, Vibha!





ARNAV KUKKLE, former Grade 8 student of NAFL has been awarded a Certificate of Distinction in PASCAL and Computing competition and **ARNAV DESHPANDE** of 11 ISC Science has received a Certificate of Distinction in the CAYLEY Math contest.

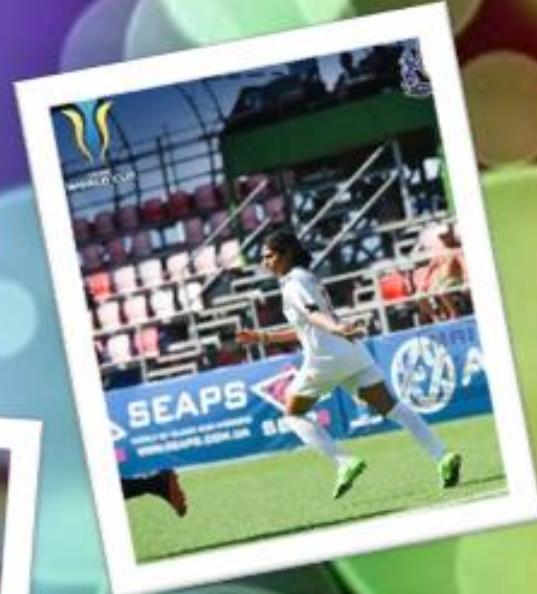
- PASCAL and CAYLEY (Math contests) are platforms for students to have fun and develop their mathematical problem-solving ability.

The Fryer Math Contest is an opportunity for students to write a full-solution contest. This is a fun way to develop mathematical problem-solving skills through a written mathematical activity.

Bend it like Vibha!

VIBHA S VIVEK of 10ICSE made us proud once again by representing India at the Ukraine Mini-Football World Cup. The team stood third, internationally!

Keep it going, Vibha!



Water Warrior



RISHABH PRASHOBH, studying in 10 ICSE initiated Mission Jal two years ago, a project with the aim to conserve water. His relentless endeavour has started to see fruition. His work has been catching the headlines since last year. Recently, he was featured in the Indian Express.

Keep it up, Rishabh!

Rishabh Prashobh speaks to Rishabh Prashobh about why he's battling for the humble resource as a way to address impending water scarcity all across India

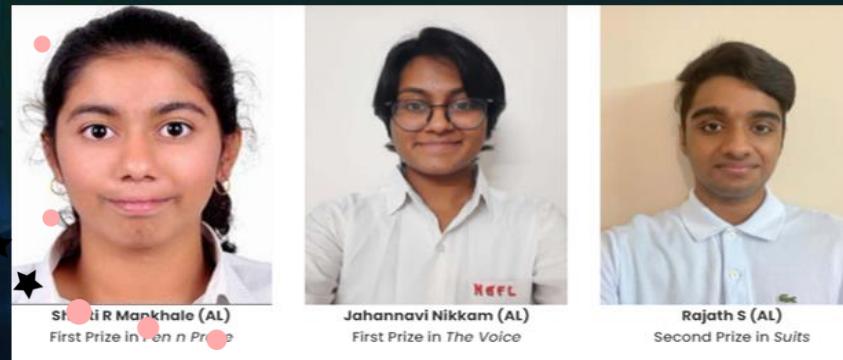
SCAN
THIS CODE
TO READ
THE WHOLE
STORY



NPS MUN 2021

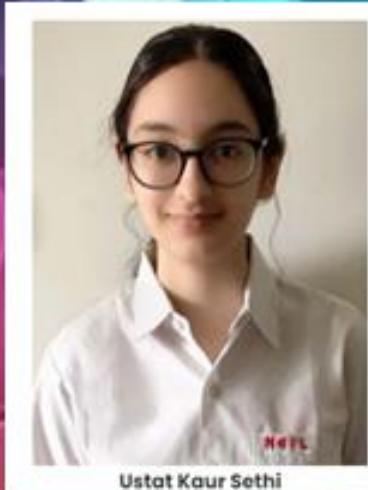
NAFL Senior school students participated enthusiastically in the virtual NPSMUN '21 conference which was held on the 7th and 8th August 2021.

We commend TANVI PARAMESH of AS for getting a Verbal Mention-2 in the UNHRC Committee.



IMPRESSIONZ'21

Be it tackling legal cases with razor-sharp wit, spinning a yarn on superheroes, or mesmerising the audience with a melodious Taylor Swift number, our students did it all with great confidence at Impressionz'21, the Humanities and Cultural Fest hosted by NPS, Chennai. Well done, winners!



Ustat Kaur Sethi



Keerthi Nair

Cogito Merx

USTAT KAUR SETHI (AL) & KEERTHI NAIR (AL) tapped into business acumen with great flair and creativity, winning the Second Prize at Cogito Merx, a Business fest hosted by NPSI Mysore. SHRUTHI R & LAKSHYA VENKATESH of 12 ISC Com also qualified to the Final Four after rigorous rounds in the same event. Congratulations!



Inceptra' 21

From creative marketing strategies to crisis management, to designing policies, these NAFLers displayed excellent entrepreneurial skills at Inceptra '21, the Commerce & Humanities Fest hosted by NPS HSR. Great work!



National Winner!

Shreya Shiju, our Cambridge AS student, is the National Winner of PsyQuiz'21! The online national interschool quiz competition conducted by Jindal School of Psychology & Counselling saw some tough competition with top schools from around the country vying for the top slot! Congratulations, Shreya!



Anushka V (II ITC Comm)
Third Prize in Deal or No Deal



Vaishnav Dora (II ITC Comm)
Third Prize in Geopolitical



Nitin KS (II ITC Comm)
Third Prize in Geopolitical



Bhaskar Bhandari
(II ITC Comm)
Third Prize in Lights Business Action



Pradyumn Kawatra
(II ITC Comm)
Third Prize in Lights Business Action



Hriday Bhutada
(II ITC Comm)
Third Prize in Lights Business Action



HARVARD COLLEGE PROJECT FOR
ASIAN AND INTERNATIONAL RELATIONS



2021 ASIA CONFERENCE SCHEDULE



RIDHI B RAMAN and ANUPAMA N RAO of
10IGCSE were accepted as delegates to HPAIR
through highly-selection process. They got an
opportunity to attend several conferences
comprising of distinguished keynote speakers who
feature in top Fortune 500 executives.

Way to go, Ridhi and Anupama!



HEARTIEST CONGRATULATIONS!

SRISTI SRIDHARA of Grade 11 won First Runner's Up position and **HRIDAY BHUTADA** of Grade 12 won Second Runner's Up position in the eCEOomics event held by NPSI Chennai!

ADHYA KADDI of Grade 9ICSE and **SADHANA PRAKASH** of Grade 10IGCSE bagged the Second Runner's Up position in the event **Script-ers!**

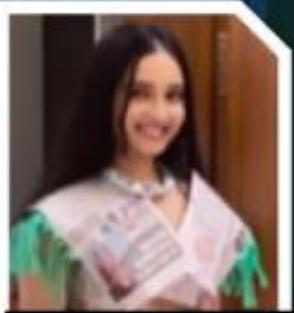
V VISHWA of Grade 9ICSE got a special mention in the event - **Blind date with words.**



TIMELAPSE 2021



Chesta Nahar



Anika Nagesh Gowda



Chesta Nahar

ANIKA NAGESH GOWDA of 11 ISC B and CHESTANAHAR of AS displayed immense creativity in the fashion event, *Avant Gardishte*, at Timelapse, a cultural fest hosted by NPS Rajajinagar on 27th & 28th August 2021.

In the final round, the participants had to re-style and design used clothes into a futuristic look, tying it into the theme of sustainable fashion.

Anika won the First Prize and Chesta won the Third Prize for their innovative creations. Well done!

SPELLING CHAMPION!

WIZ National Spell Bee, a spelling competition that combines learning with fun and competition, saw our NAFLER do really well for himself!

V VISHWA, Grade 9ICSE, stood 7th in India in the overall tally. One of his rewards for being a finalist was an opportunity to attend a pilot program in Robotics & AI offered by LETSROBO, a US based company!



TURN YOUR KIDS INTO MAKERS OF TECHNOLOGY

LETSROBO
LEARN • THINK • INNOVATE

LET'S ROBO ROBOTICS / AI TECHNOLOGY PROGRAM.
FREE PILOT FOR WIZ NATIONAL SPELLING BEE RANKERS

Modules Taught:

- Robotics
- AI
- Python
- Scratch
- Arduino

Benefits for School / Students

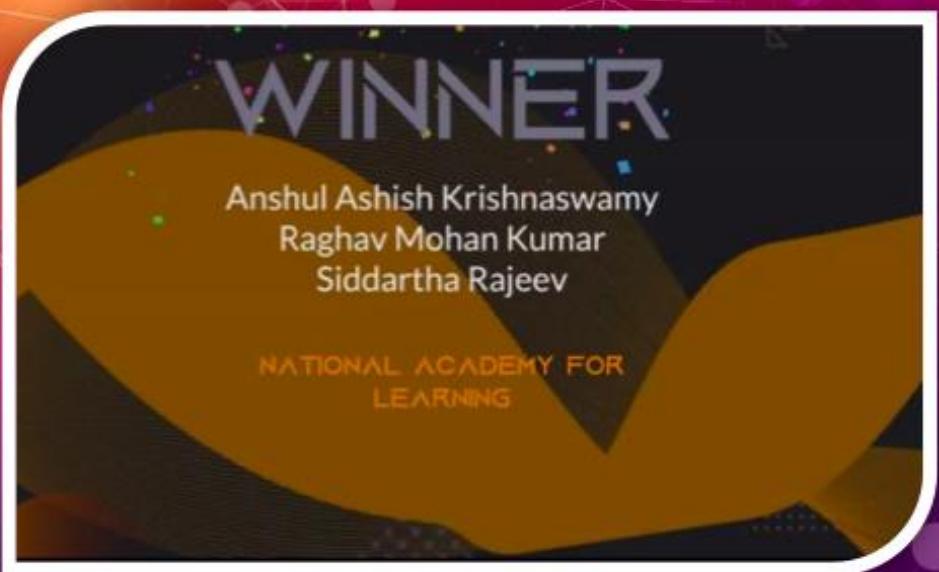
- A complete course curriculum aligned to USA, Indian & International standards
- Certifications from top 10 universities & institutions
- Industry 4.0 curriculum with focus on technology & 21st century skills
- Internationally recognized programme and faculty
- With strong technology foundation
- Customized learning approach to enhance aptitude / learning ability



Well played!

SCIENTIFICA 2021 First Place

Anshul Ashish Krishnaswamy, Raghav Mohan Kumar and Siddhartha Rajeev



SCIENTIFICA, hosted by NPS INR on September 7, 2021, was a fantastic opportunity to bring applied-science skills to the forefront.

'Catch Me If You Can', the Chemistry-themed Scotland Yard mash-up, was truly edifying and rewarding! Winning aside, the progression through the event's trying questions really pushed team strategies to the edge! Kudos!



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9TH SEPTEMBER 2021



Winners



Shreya Shiju



Ridhi B Raman



Manya Bhanti



STRATEGY

YOUR ONLY AIM IS TO WIN THE GAME

Second Place



Siddhartha Rajeev



Anshul A Krishnaswamy



Raghav Mohan Kumar



DEBATABLE

MAKE YOUR POINT.

Best Speaker



Sristi Sridhara



Winners



Aditya M Vasisht



Snigdha C Reddy



Nihal G Pinto

Innowaves-21

These NAFLERS displayed tremendous business acumen in accounting to decipher clues, used consumer psychology to make business policies, tackled legalities of business and took risks in asset management to beat the odds at **Innowaves**, the Commerce Fest hosted by NPS INR on September 8th. Great work!



Second Prize



Hriday Bhutada



Anindya Batabyal



Second Prize



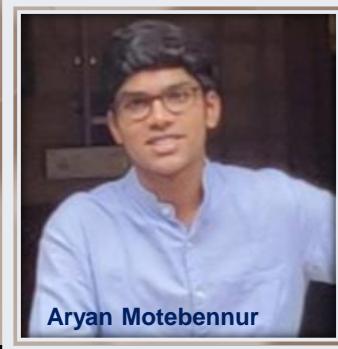
Akshaya Ghaty Ravish



Akanksha Sachin Zute



Winner



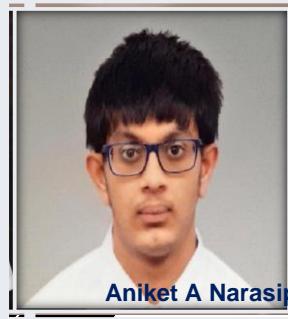
Aryan Motebennur



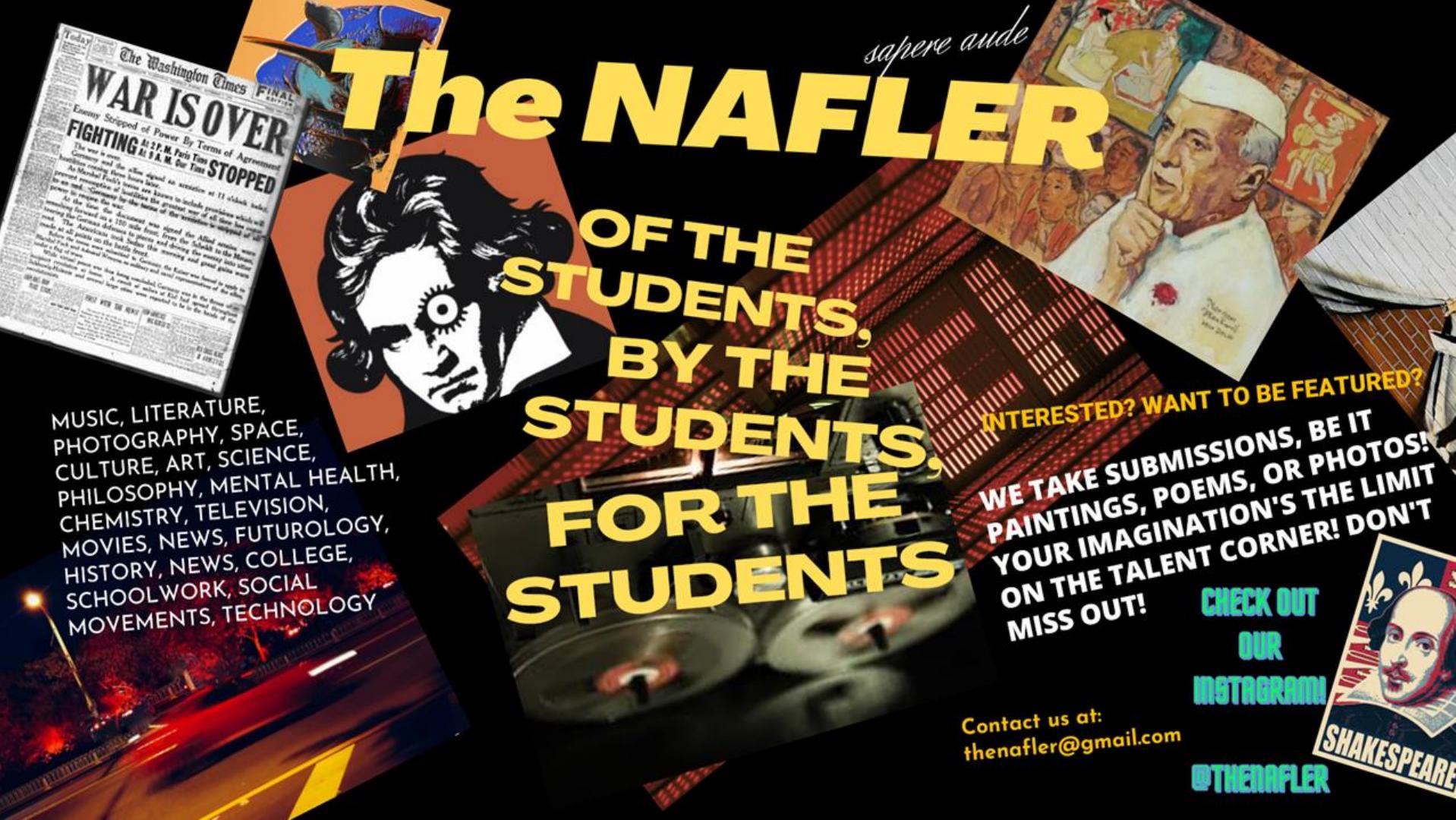
Second Prize



Keerthi Sheshadri



Aniket A Narasipur



The NAFLER

sapere aude

OF THE
STUDENTS,
BY THE
STUDENTS,
FOR THE
STUDENTS

MUSIC, LITERATURE,
PHOTOGRAPHY, SPACE,
CULTURE, ART, SCIENCE,
PHILOSOPHY, MENTAL HEALTH,
CHEMISTRY, TELEVISION,
MOVIES, NEWS, FUTUROLOGY,
HISTORY, NEWS, COLLEGE,
SCHOOLWORK, SOCIAL
MOVEMENTS, TECHNOLOGY

INTERESTED? WANT TO BE FEATURED?
WE TAKE SUBMISSIONS, BE IT
PAINTINGS, POEMS, OR PHOTOS!
YOUR IMAGINATION'S THE LIMIT
ON THE TALENT CORNER! DON'T
MISS OUT!

CHECK OUT
OUR
INSTAGRAM

Contact us at:
thenafler@gmail.com

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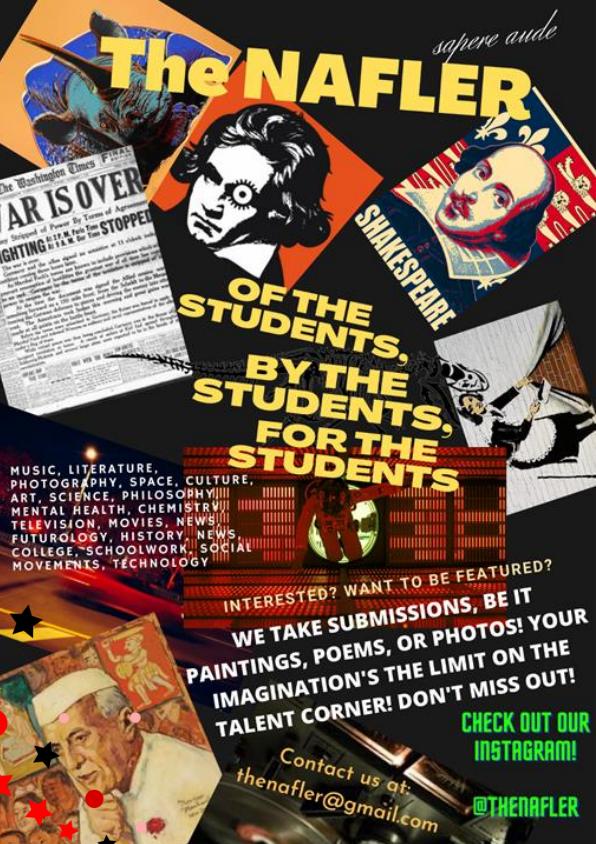
CLASS BUZZ: New Photo Feature

THE NAFLER has a section – *Class Buzz* - exclusively dedicated to showcase class activities. The photo collage is a visual treat of the out-of-the-box scholastic and co-scholastic tasks. The laughter and joyful interactions of the NAFL classrooms are beautifully captured through *Class Buzz*.

You can view the *Class Buzz* month-wise and level-wise at the following link:

<https://thenafler.wixsite.com/emag/class-buzz>

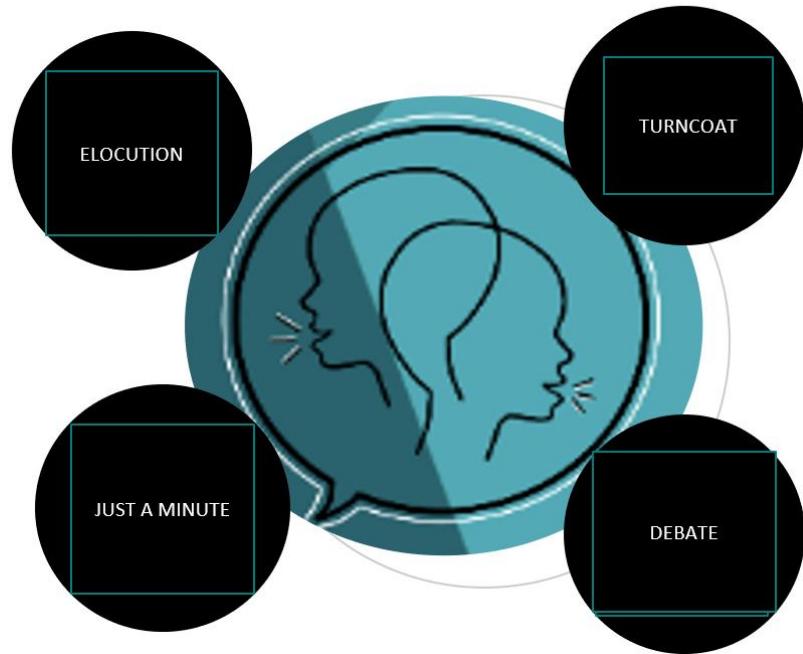
The NAFLER is now also linked to our website for easier access. Log on to www.nafl.in.



NAFL DIALECTIC

The Debate Club
...Where fine minds meet fine ideas

NAFL proudly inaugurated its very own debate club - NAFL DIALECTIC, on 26th August 2021 to Middle and Senior School. **Mr. Rajiv Kacholia**, the founder of Speech & Debate India, was the Guest of Honour. The aim of the club is to enhance public speaking and debating skills across grades. The club looks forward to hosting many more enthralling and engaging events.



NAFL DIALECTIC

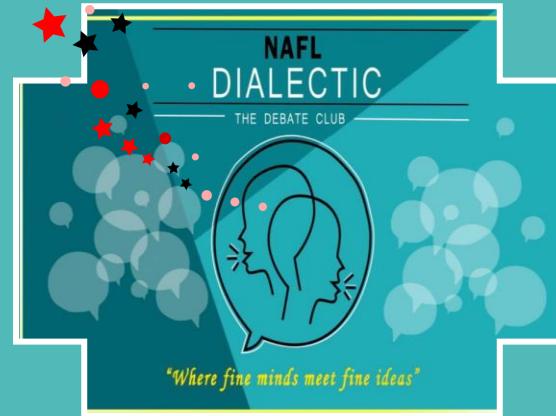
Club Leaders: Anushka V & Arnav Mayur

Grades 11 & 12



Grades 6 to 8

Grades 9 & 10



Mr. Rajeev Kacholia
Founder, Speech & Debate India

UPCOMING EVENTS

Term 2



What's In Store?

Dussehra
Celebrations

Children's Day

Constitution of
Kindness:
Republic Day



**Ultimatum
Second Edition**
*An Inter-school Commerce &
Humanities Challenge*

1
2

3

4
Christmas
Celebrations

5

6
Show N' Tell



THE GOOD PLATE

Healthy Eating in Covid Times



SUPER FOOD SALAD TO BOOST IMMUNITY

Ingredients

- Half an inch of ginger
- 1 small garlic clove
- Small bunch of parsley
- 1 carrot
- 1 small beetroot
- 2-3 kale/lettuce/Chinese cabbage leaf
- 1 small celery stalk
- 1/2 lemon
- 1 to 2 teaspoons hemp oil
- 1/2 teaspoon toasted sesame oil



Procedure:

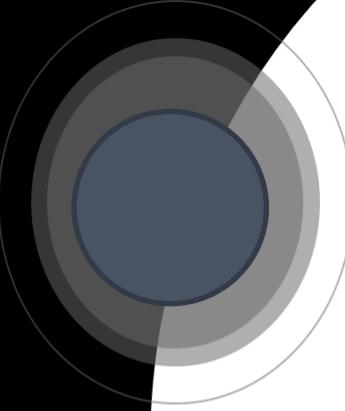
- Finely grate ginger (without skin). *
- Crush garlic (remove skin).
- Finely chop parsley.
- Grate carrot and beetroot.
- Chop kale or lettuce or Chinese cabbage leaf.
- Chop celery.
- Juice lemon.
- Add hemp seed oil and sesame oil.
- Sprinkle sea salt.
- Mix everything together and top with hulled hemp seeds.
- Enjoy!



Nutritive value

- Protein
- Vitamin-A, B₁₂,B₃ and C
- Dietary fibre
- Beta carotene
- Omega-3 fatty acids
- Unsaturated fatty acid
- Antioxidants
- Minerals-potassium, phosphorous, iron, calcium, magnesium.





NAFL

One-of-a-Kind.ness

News of Kindness in the Classroom &
Beyond



Our everyday sparkle...

Sampoorti is an initiative taken by Mishant Jain from 9 ICSE –A, aiming to provide the under-privileged get easy access to everyday food. He and his team are addressing this problem by installing open shelves at public places in which food is stored and any hungry soul can themselves grab the packaged food without hesitation or charges. The ulterior motive of this drive is to feed the hungry without them having to fold their hands for food, in short, their dignity doesn't get questioned. In the past few months, have been able to distribute more than 23000 food packages to the needy and have installed 2 shelves in the city Bengaluru.

Fund Raised over Rs. 3 lakhs for the needy!



Dussehra Break
9th October – 19th October

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- With Best Wishes:
- Ms Piyali Biswas, Mr Suresh A N
- Ms. Richa Jha, Ms Vinitha N

YOU
ARE
MAGIC

YOU
ARE
RADiANT

YOU
ARE
POWERFUL

YOU
MATTER

YOU
ARE WORTH
iT

YOU
ARE
iNSPiRiNg